

# Oregon FCE News

Volume 25 Issue 1

Oregon Association for Family & Community Education

January 2018

## President's Comments President Scott Teeples 2018-2020



First and most important, I want to give a big thank you to each and every one of you for all of the encouragement and support you have given me as I start my 3 year experience as the new Oregon FCE State President. I take this task on with a little nervousness, a lot of excitement and even more determination to get the job done well. Along with your help, I hope to bring Oregon FCE to its fullest potential.

I would like to thank all Oregon FCE members and all of the current and past FCE leaders that encouraged me to run for this position. Though my years of FCE membership they showed great trust and faith in me. They helped to forge me into the FCE member that I am as I served on Local, State and National levels. Thank you, Barbara Voltin and Patti Malanaphy, for trusting and supporting me as Oregon FCE Secretary these past 6 years. Thank you, Bonnie Teeples, for being my best FCE supporter and mentor (and wife).

I would like to thank this great FCE organization for helping development of my wife, Bonnie, to the wonderful woman that she is. It has done so much for her and I as her husband. It doesn't seem that it was not that many years ago, 1979, when she came to me and asked "do you mind if I join Home Extension." Of course I said yes...and the rest is history.

Many people taught me a lot about this organization and it has given myself and my wife, Bonnie, much. I want to return all that it has given many times over. As soon as I decided to run for

this position I started setting goals. I would like to share some of those goals with you.

**Communication** – I would like to communicate with every Board Member, every District Director, every County President, every Study Group President and every member in the state of Oregon. I would like that communication to go both ways between myself and the members of Oregon FCE. During my term I want to visit every District, every County Council and every Study Group. I want to be transparent in all aspects. I want every member in Oregon FCE to know that they can contact me personally at any time.

**Membership** – I always have, and always will feel that members are not just names and numbers on a piece of paper or in a data base in a computer. They are people with individual needs, desires and interests. I am willing to do all that I can do to keep all of the great members that we currently have and share this great organization with others. I want to do all that we can do to invite them to join with us. Everyone in this organization was "invited to join"...it's now time for us to do the inviting. Along with inviting them to join I want to make sure that everyone that wants to join can afford to do so. Together all things are possible. "We must reach out to other organizations and people who share our goals. We can, and we will be successful if our goal is to build this wonderful organization for the future of FCE members." – Patti Malanaphy 2015.

**Financial** – During my term I want to do all that I can do to develop the ways and the means to keep Oregon FCE financially fit. Not only do we need to look at ways of earning and saving money for Oregon FCE but we need to be accountable for every penny that we spend.

**Leadership and Professional Development** – Along with developing the current leaders that we have now, I want to do all that I can do to find, recruit and develop new leaders. Teach them what their position is and what they need to do to do it well. I would like to be part of officer training seminars and classes. This could include FCL classes and FCL training. (Continued on page 2)

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We do not ever want to see the “knock, drop and run” method of training new officers where we give them the “box”, wish them good luck and leave them to fend for themselves. We need to be mentors to them.

**Education** – I want to be a leader in the development of great classes and lessons that are taught at all levels of Oregon FCE.

**Community Service** – I would like to develop a Statewide Community Service Project that all Oregon FCE members can participate in.

**Oregon FCE State Fall Conferences** – I want to develop the best State Conferences that we can have. This would include great locations, great classes, and great fellowshiping and just overall a great experience for all that attend.

It is time to select your Heart of FCE nomination. This is a wonderful honor for our members to be recognized for their accomplishments. Nominations must be sent to VP for Public Policy, Sandie Bolyard by March 15, 2018. Every county should submit a nomination.

It is time to be thinking of topics for lessons you would be interested in having at the 2018 Oregon FCE Fall Conference. Let your District Director know so she can present them at the Board of Directors meeting March 26/27, 2018. Or you can submit your suggestions to VP for Programs, Barbara Voltin. We will be deciding on the lessons that will be presented at the annual FCE Conference. Please let me hear from you with ideas, suggestions that we could share making FCE the best it can be.

I want to thank FCE District 5 from Klamath and Jackson County for the long hours, hard work and devotion planning and hosting 2017 Oregon FCE Annual conference in Klamath Falls. Great Job!! Well Done!! Also thanks to the State Board members for their call to duty. Thanks to all those who were presenters at the workshops. I know our members will enjoy training, and presenting these interesting and educational lessons to their study groups.

I look forward to serving each and every one of you. Please let me know if there is ever anything I can do for you.

Thanks for all you do,

*Scott Teeples – Oregon FCE President 2018-2020*

## **Web Site for Oregon FCE**

**[www.Oregon-FCE.org](http://www.Oregon-FCE.org)**

Again, please check out the web site and let me know what you think. There is lots of information and forms available to all members. Have you checked out YOUR County “Invitation to Join” Brochure that is now available. Please contact Scott Teeples at 541-891-6456, or email [sfteeples@charter.net](mailto:sfteeples@charter.net) if you have any comments or questions.

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## **Oregon FCE Angel Membership Scholarship**

**Submitted by Scott Teeples 11-27-17**

The Oregon FCE Board is proud to announce the new “Oregon FCE Angel Membership Scholarship.” It is a way for all Oregon FCE members to become “Helping Hands to those in Need”. The purpose of the Scholarship is to provide funding to help those who have been members or would like to be an FCE member but, for whatever reason, are not able to afford the cost of membership. Hopefully this will help increase and stabilize the total Oregon FCE membership.

Funding for the scholarship will come from various donations from members, groups, counties or other various donations such as friends of FCE etc. A donation form for this purpose has been developed and is available on the Oregon FCE website or from your County leaders. No money will be used from the Oregon FCE general fund except those monies that have been deposited, held and tagged for the purpose of the Scholarship.

The Oregon FCE Angel Membership application form can be located on the Oregon FCE website or from your County leaders. The application form must be filled out properly and must be signed by the Applicant or Sponsor, the Study Group President and the County Council President. All instructions are located on the back side of the application.

Check out the Scholarship and see how it could help those in your area. It is a positive attitude of showing who we are and that we do care about others. Contact Scott Teeples if you have any questions.

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## Remembering FCE Members that we lost in late 2017

### Billie Florence Dahl

November 4, 2017

Billie was a member of FCE for over 50 years, serving all the years in Woodmere FCE. She will be missed in our woodmere FCE meetings, with her lovely smile and positive attitude.

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### Elizabeth P. Belles

May 6, 1926 – November 10, 2017

Our group said good-by this past year to another of our beloved members, Elizabeth “Betsy” Belles, on Nov. 10, 2017. Betsy, as she was known to all of us, was a member of the FCE Happy Valley Study Group for 29 years. She shared her love of literature with the group by offering a poem or inspirational reading at each meeting and she often astounded us by reciting entire poems from memory as recently as last year at the age of 91.

Betsy was born in Portland and attended Mills College and OSU. She married Edwin Belles in 1953, later moved to Cupertino, CA where they raised their children, returning to Portland in 1988. Betsy showed her love for others by teaching Sunday school at her church, serving as PTA Co-Chair with her husband, and as a Campfire Girls leader. She was an avid gardener and a longtime member of the Happy Valley Garden Club, gladly sharing her expertise along with plants from her yard. She loved the Christmas season and often had friends to her home to enjoy her old-fashioned celebration of lighting candles on her tree. (She was quick to point out that her fire extinguisher was nearby!) Betsy was a true feminist who was not afraid to speak her mind and she passed on a sense of independence and self-sufficiency to her children and granddaughters. She was a great lover of the outdoors, with Mt Hood being a special favorite from her hiking days to just admiring it from her living room window in her later years. As a great lover of nature, literature and classical music, Betsy was a unique person who is missed by all who knew her and especially by her friends in FCE.

### Marion Pennington

Meetings will not be the same in Linn County FCE without Marion. She had been a member for over 50 years but never wanted to be recognized for her achievements. She loved playing games, eating chocolate and getting together with her FCE friends. She did a lot in planning the Millersburg picnic that was held in August. She was a very busy worker at our state conferences that we held in Salem. Getting the hotel contract, working in the sales room at least one year and being available where ever she was needed.

Health problems stopped her from being very active this past year. We will surely miss Marion.

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Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2018.

~Next deadline-May 4, 2018~

Send articles and/or change of address to:

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E-mail [LYNDATrose@aol.com](mailto:LYNDATrose@aol.com)

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## Facebook Page and Facebook Group for Oregon FCE

Check out the newest social media promotion for Oregon FCE on Facebook. We have set up both a Facebook Page (Oregon Association for Family and Community Education) and a Facebook Group (Oregon FCE) for your benefit. You can see lots of information and lots of pictures of Oregon FCE on both of them. You can easily post information, events and pictures on the Oregon FCE Facebook Group. Please contact Scott Teeple at 541-891-6456, or email [sfteeples@charter.net](mailto:sfteeples@charter.net) if you have any comments or questions.

Submitted by **Scott Teeple** – Oregon FCE President

## District I

### Washington and Clackamas Counties

Happy Valley FCE Study Group News-- Clackamas Co.

We resumed our monthly meetings in Sept. 2017 at the home of Sandy Coats. The lesson on "How to Avoid Obesity" was presented by Sue Gilbert and Roma Bennett and we learned some new tips and tricks to help us in keeping our weight stable as we age.

In October, the meeting held at Gloria Cockburn's home featured a lesson presented by Sue Gilbert and Karen Hicks on "Tips for Staying Healthy and Independent as We Age" and covered a range of areas from staying healthy by eating a healthy diet and exercising regularly to managing our medications, maintaining vision and hearing, and assessing our living situation to see that it meets our needs.

In November at Sue Gilbert's home, we tried something new by presenting our own lesson on "Women of the Oregon Trail". The lesson was researched and developed by Betty Grady and Sandy Coats and was very interesting to our group. We learned many interesting facts about the Oregon Trail and about the very real problems encountered by women who made the arduous trip. We recommend trying this in your group if the current lesson does not strike them as relevant or interesting for the group. We brought our annual donations of nonperishable food, usable clothing and monetary gifts for the Clackamas Service Center, an independent non-profit that serves the local N. Clackamas area with a food pantry, clothes closet and services for the homeless.

Our December meeting was held once again at Doris Bergstrom's lavishly decorated home. It really puts us in the Christmas mood after a December visit to Doris's. We don't usually have a business meeting, but this year we made the final decision on our theme for the 2018 FCE Clackamas Co. Share Fair-- **"Discover Oregon: Off the Beaten Path."** We hope the study groups will share displays of some of their favorite out-of-the-way or little known places or events they have discovered over the years. We just received word from our first choice for guest speaker that he would love to come and speak at the 2018 Share Fair. Adam Sawyer is a free-lance outdoor/travel

writer and guide who specializes in Oregon and the Pacific Northwest. See more information at [//www.AdamSawyer.com](http://www.AdamSawyer.com). We hope you will join us on April 23 at the First Presbyterian Church in Oregon City.

Submitted by Karen Hicks, Co-President

## District Director I

As 2017 comes to a close, so does my position as District 1 Director. I have enjoyed meeting and working with so many wonderful people. FCE is like a big family. I received many lovely Get Well cards during my illness and recovery. Now I am making a new life for myself and FCE is still a big part in it. I am looking forward to working with Kay Gooding, our new District 1 Director from Washington County.

Best wishes to everyone for a wonderful year ahead.

Sincerely,  
Lendamai Poole

## District III

### Lane, Linn, Marion, Polk & Yamhill

In October Linda Bird and Lynda Nyseth traveled to Tualatin to join District I at their Halloween gathering. Costume winners are pictured here.



Several Christmas gatherings were held, and some were attended by members from all counties. Linn County hosted a gathering at Wing Ming's in Lebanon, with at least 18 members present. We enjoyed a great lunch, fellowship and ended by playing games.

Amity held their Christmas gathering at Banners' Restaurant in McMinnville, with Sally Wyffels joining us. Before lunch we showed the clothes and other items bought for the boy and girl whose names we got from the tree of giving. Christmas cards were also exchanged and Phyllis brought goodie bags for each of us. We enjoyed the cards so much that we decided to make Christmas cards at our January meeting so we would be ready for Christmas 2018. (Continued on page 5)

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Debbie Puckett opened her home, we had a baked potato bar, desserts, candy and fellowship as we made four different cards. We ended the day with a game of Left, Right, Center and then the card game of Pig (some know it as spoons).

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## INVITATIONS

March 21, Yamhill/Polk County Council will be holding our Spring Festival "On Fire For FCE". It will be held at the Amity Fire Station. We will be having our lesson on Fire Safety. Community Project will be stuffed animals for the firemen to give out at accidents or fires. We will have a potluck lunch of salads and desserts. We will have our used book sale to benefit the MPY, a raffle to cover expenses, some games and lots of fellowship with our FCE members. Registration starts at 9. Call Lynda, 503-835-2044 for more information.

April 23, Happy Valley and Carus Study Groups will be holding their FCE Share Fair 2018, 9:30 – 2:00. "Off the Beaten Path" at First Presbyterian Church, 1321 Linn Ave., Oregon City. Registration fee \$5.00. Bring a dish for the potluck lunch. There will be a silent auction & raffle of gift baskets. Contact Karen Hicks at 503-698-4185.

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## VP for Programs

Another year is upon us. I hope 2018 will bring you, your family and friends many blessings. I'm looking forward to working with the FCE Board of Directors to compile an informative and fun list of lessons for your leaders to present to your members in 2019.

Since the Spring Board meeting will be at the end of March this year, you will only have a couple months to think of ideas for lessons that will be presented at the 2018 October conference in Pendleton. You can email your ideas for topics to: Barbara Voltin, VP for Programs at [barbara.the541@gmail.com](mailto:barbara.the541@gmail.com) Also your District Director will be more than happy to pass your ideas along to me. Bonnie Teeple, Oregon FCE Treasurer at [bdteeple@charter.net](mailto:bdteeple@charter.net) is also willing to collect your ideas.

If you would like to work on developing a lesson and then presenting it with another person let me

know. Members attending the National FCE Conference bring back lessons given to those attending that conference. Since National FCE's lessons are already developed they can be easily adapted and presented to our Oregon FCE members. Thanks for all your ideas.

Barbara Voltin, VP for Programs.

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## VP for Public Policy

### Character Counts

As the Chair of the State Character Counts Essay and Artwork Contest for fourth grade students I want to remind everyone to get their first place winners entries to me by March 15<sup>th</sup> so we can pick the State winner at the Spring Board. The Pillar of Character this year is Citizenship.

Make sure you include the State and National permission slips and a photo of your 1<sup>st</sup> place winners by March 15<sup>th</sup>. Since I won't have time after the Spring board to get them before sending the winner's entry to National, any entries submitted to me without the photo and permission slips cannot be put in for consideration.

### Heart of FCE

I want to remind everyone that I will need the nominees for Heart of FCE to reach me by March 15<sup>th</sup> so we can pick a winner at the Spring Board meeting. Please include the Heart of FCE form, essay and two 2x2 photos

Sandie Bolyard  
V.P. for Public Policy  
Character Counts Chair

### Personal note

Since I wasn't able to attend the Conference this year after the unexpected loss of my daughter Stephanie I want to take this opportunity to thank all my Friends and my FCE family who have so generously donated time, food and financial help to Stephanie's husband Sam and me. Your generosity was greatly appreciated. You will never know what all the cards, prayers and well wishes have meant to us.

Thank you  
Sandie Bolyard

## Remarks from State conference 2017

Our 2017 Oregon FCE Annual Conference has come and gone! As always, it was a great learning experience that was fun and exciting but it definitely goes by too fast for me. This year's theme, "Southern Oregon Charm," was most appropriately displayed by our hosts, District 5 at the Shilo Inns & Suites Hotel in Klamath Falls. Self-guided tours around town were offered on Monday morning with crafts scheduled for the afternoon. Wonderful workshops were on our Tuesday schedule after an informative business meeting to find out what's what in the world of FCE. Although I could only choose two workshops to attend, I heard good reviews for the others. I enjoyed the friendly "Decorate a Potato" contest. WOW! There were some very creative and artistic potatoes that made the famous Mr. Potato Head game just a regular old spud. Speaking of games, I plan to broaden my horizons at next year's conference in Pendleton with "game night". I heard a lot of laughter coming from that room both nights and we can never have too much laughter in our lives! Ann Engen and Sally Wyffels educated us on the country of Iceland: Land of Fire and Ice. We learned Icelandic customs, food, history and way of life. Icelandic people are some of the happiest and healthiest people in the world. Of course there was some slap stick comedy involved along with their props used in conveying their information.

Speakers included Julie Whitlatch, an author from Klamath Falls. Julie spoke about the love and loss of her life and her journey after that loss which included a book she wrote, "Traveling Home to Happiness". Next up, we listened to a speaker from 'Badger Run,' a wildlife rehabilitation center. The center receives approximately 350 injured animals a year (mostly birds). They treated us to some of their winged ambassadors! Our third speaker was from Redemption Ridge, a facility in Medford who cares for girls rescued from Human Trafficking. This was an eye opening account from one of the victims of Human Trafficking.

This is my 3rd Oregon FCE conference and I always have fun, meet new friends, learn and laugh a lot! Oh, and the weather was beautiful!

Rene' Metteer  
Woodburn Union Study Group

## Tips for attending the State Conference

By Kerry Mauk

I just got back from the 2017 State Conference and I thought I would offer some tips to those of you who may be considering attending State Conference next year.

First of all, you will want to stay at the hotel where the Conference is at. You miss a lot of fun and activities if you are only here for the meetings.

Second, be sure to find a great roommate, or roommates. I usually room with Sandie but she was not able to make it this year. I discovered that Karen from Jackson County also needed a roommate. Karen and I got along wonderfully, and it is always good to have someone to help you zip up your outfits.

Another tip, practice your card playing. You never know when you might fall into a fast crowd of card sharks, such as Lynda and Marlene.

When you attend the meetings, if you love to laugh, sit at Vicki's table. Trust me on this.

There will be entertainment and guest speakers. This year we enjoyed the birds from Badger Run Animal Sanctuary. The starling got away from her handler and wondered all over the room saying "What Ya Mama".

Prepare to be amazed and educated by the lessons written and presented by our members. I taught "History of Clothing", with Gay and Gail. We had a great time dressing up and showing off our artifacts. I understand that "To Pee or Not To Pee" by Barbara and Rachel was very popular. Gee, I wonder why?

The Conference was busy, fun, enlightening and inspiring. And, you get a break from dishes, cooking and laundry. I recommend it. Just don't plan on getting much sleep.

*(Kerry received a scholarship from Klamath county to attend the conference)*

**2018 State FCE Conference will be in Pendleton, October 1,2,3. Hosted by FCE Districts II and IV.**

Real Friendships

Education

Activities

Personal Growth

**REAP** the BENEFITS of FCE

## **First-timers Comments on State Conference**

*(Taken from Connection of Jackson County, November 2017 newsletter.)*

As first-time attendees of the Oregon State Convention in Klamath Falls, we did not know what to expect. We applied and received Siebold Scholarships and we were so thankful for that!

Having the convention at the Shiloh Inn, in Klamath Falls, was very comfortable and having all our meals served right there at the hotel was convenient. The service was great and the meals tasty; especially the desserts!

We really enjoyed the programs and presentations. They were all very interesting and we learned a lot that we can take back to our study groups to share. We especially liked the presentation by “Badger Run”, the local wildlife rehabilitation center. The other program that was of special interest was the presentation by Redemption Ridge in Medford, which assists victims of sex trafficking. The speaker was a victim herself and shared her heart-wrenching story of abuse and healing, not to mention her dedication to the program.

We went to workshops that were very well thought out and planned. We could choose two and The History of Clothing was a favorite. The presenters had examples of early clothing and modeled some. There were lots of pictures of period clothing and they spoke of clothing through the millennium.

It was so much fun to experience the sales room and do a little shopping. The door prize drawings and auction were so much fun also.

I think that our favorite experience, by far, was meeting all the wonderful, friendly women from around the state. What a great group of women! There was a group who got together in the evenings, after the program was over, to play cards and visit. So much fun!

Overall, the convention was well-planned and very organized. We sincerely thank all the folks that devoted their time and efforts to put it all together for our enjoyment.

Sincerely, Cynthia Gibson, Sandra Rapp and Joyce Tuttle.

## **Other comments**

*(From Lynda)*

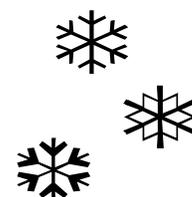
As most of you know I do love playing games. At the conference in Klamath Falls, Gay set up a games room for Monday night. Several members enjoyed playing Rummikub, Jenga and Farkle. She had Monopoly set up but there were no takers. Several were having a book signed by the guest speaker/author, so starting some of the games was later than expected. We played a card game which I call pig, other know it as spoons. We laughed a lot.

After playing in the game room and everyone thinking it was time to go to bed, I got to my room to find 10 people playing hand and foot. Our room is always open for games and we play until about midnight. I take several games with me, several decks of cards, Skip-Bo, Mexican train and many more. This year Rosalee was the champion Farkle player, Margaret was the Jenga champion and they were also champion Hand and Foot players. Come see if you can dethrone them in Pendleton.

Another thing that I look forward to is seeing interesting places in the area. Several members checked out Keepers Corner, they looked, visited and bought. Information sheets were handed out telling places that you could visit. Five of us from Yamhill and Marion Counties decided to tour the store and then visit Train Mountain Railroad Museum.

Then on Tuesday we settled down to learning, both at the business meeting and during our classes. Guest speakers after our meals are always interesting and give us much to think about. It is always good to see friends that we have made through the years and only get to see at the state conference.

I hope that after reading about these experiences you will be planning on attending the meeting in Pendleton. There is lots to see in the area and lots to learn at the conference. And the friendships last a lifetime



## **OR Assoc. Family & Community Education**

Oregon FCE News  
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### **2018 Oregon FCE Calendar**

#### **February**

**12** Lincoln's Birthday  
**14** Valentine's Day  
**19** Washington's Birthday

#### **March**

**11** Daylight saving begins  
**15** Deadline Heart of FCE  
Deadline Character Counts  
**21** Yamhill/Polk Spring Festival  
Amity Fire Station, Amity, OR  
**26/27** Board of Directors Meeting  
Redmond, OR

#### **April**

**1** Easter  
**23** Share Fair 2018, Oregon City, OR  
**29** ACWW Women Walk the World

#### **May**

**4** Deadline for articles for Oregon FCE News  
**7** District III Luncheon, Dallas, OR  
**13** Mother's Day  
**18** Mail Oregon FCE News  
**28** Memorial Day

Mission Statement of OR Association for Family  
& Community Education  
To strengthen individuals & families through  
Continuing Education, Leadership Development,  
Community Service

#### **National FCE Headquarters**

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