

Oregon FCE News

Volume 21 Issue 1

Oregon Association for Family & Community Education

January 2014

President's Comments



President Barbara Voltin – 2012-2015

High from the desert,

I hope you are enjoying the new year so far. This is a great time to evaluate your life and make good decisions. Try something different. Go somewhere you haven't been. Learn something new. Invite someone new to your **FCE** study group.

Mark your calendars for these upcoming events.

***Spring Board meeting in Redmond...March 24-25** Be sure to let your **District Director or Vice President for Programs Deanna Hadley**, know any ideas you have for lessons you would be interested in for **2014-2015**. Your suggestions are voted on during the board meeting. Six topics and one country are chosen and then presented at the **October Conference**. Those who attend the conference will be better prepared to take back the lesson to their study group. Your **District Director** receives a copy of the seven lessons and leader's guides for each of the **County Councils** she represents. If you haven't received the lessons from the **2013** conference in **Medford** contact your **District Director** right away.

***National FCE Conference in Tucson, Arizona...July 18-20**. The theme for this year is **"Team Work Makes Dreams Work."** We had ten from **Oregon** attend the conference in **North Dakota** last year so let's double that number this year. You won't regret it. There is always a lot to see, a lot to learn and a lot to eat, but more importantly a lot of friendships to renew and new friendships to make.

***Oregon FCE Conference in Pendleton, OR...October 6-8**. If you like to travel but want to stay a little closer to home don those cowboy boots, cowboy hat, and chaps and mosey on up to **Pendleton**. Join **District VI and VII** at the **Red Lion Inn**. (Sorry they won't let you stable your horse there.) There is much to see and do. As **Donnie and Marie** used to say, "...a little bit city

and a little bit country..." In other words, something for everyone.

For two years now you've all been asking, **"Where in the world is Chennai?"** So when **Bonnie Teeples, National FCE President and I** received word that **ACWW (Associated Country Women of the World)** was holding their triennial **Conference in Chennai** we decided to hop on an airplane (actually six airplanes to get there and back) and find out the true answer to your question. We flew from **Klamath Falls, OR to San Francisco, CA**. After about nine hours in the **SF** airport (No, we didn't leave our hearts there) we flew across the **US** and the **Atlantic Ocean to Frankfurt, Germany**. We almost missed our connecting flight to **Chennai** but finally after a total of 30 hours in the air we landed at **Anna International Airport** on the southern tip of **India**. Yes, you were right, **Chennai** is half way around the world in **India**.

The temperature was in the 90-100s every day and only in the 80s at night. It was very humid and for someone who came from the dry, high desert I was constantly wet with perspiration. Everyone had to drink lots of water and/or tea to stay hydrated. We were very careful what we ate and drank. The hotel provided free bottles of water every day. Free bottles of water, hot tea (provided during our morning and afternoon tea breaks) and fruit juices were provided every day during meals at the **Chennai Trade Centre** where the conference was held. We used some of our bottled water to brush our teeth.

The promotional materials claim the **Trade Centre** has State-of-the-Art facilities that match international standards that can accommodate up to 2000 delegates we had to laugh because the bathrooms had holes to squat over, no toilet paper or paper towels and no soap to wash your hands. There were faucets with hoses attached and buckets with sponges in the stalls where the sit down toilets were. Kleenex came in mighty handy.

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Even though **Chennai** is the capital of the state of **Tamil Nadu** it has the 4th highest number of slum dwellers in **India**. Having seen and experienced some of the things we did in **India**, **I** will no longer take for granted the cleanliness of our country.

Neither **Bonnie** nor **I** had attended an **ACWW Conference** before so we had a lot to learn. At least, **I** did. **Bonnie** was privileged to represent **FCE** when she presented a recommendation before the entire **ACWW** body during one of the business sessions. It states "In view of the ever increasing use of electronics that pollute the environment, the members of **ACWW** are urged to do all they can to ensure e-waste is recycled and disposed of safely and responsibly to prevent further damage to the environment." The recommendation was voted on and passed.

How many cell phones, TVs, microwaves, digital clocks, computers etc. have you had over the years? Do you know what happened to the ones you replaced? These unwanted 'e-waste' items contain a large amount of lead and other heavy metals which are hard to recycle so many companies who take back their products and say they will be recycled are merely throwing them in landfills or loading them on barges and sending them to underdeveloped countries. Children in these countries are sent out to the landfills to reclaim the copper in wires and other metals to earn money for their family. We have seen pictures of children in third world countries climbing over the piles of garbage in bare feet and with little clothing. We also have known for many years that lead is a neurotoxin which can cause infertility, birth defects, brain damage, and even death. Let's make it one of our goals this year to know where our e-waste is going and make sure it is being disposed of safely.

More on my experiences and information obtained about **India and ACWW** will be in the next issue of the newsletter.

If you have any questions or concerns contact me at Barbara.the541@gmail.com or 69380 Buckhorn Rd, Redmond, OR 97756 Cell 541-420-2999.

Barbara Voltin,

Oregon FCE President

Jessie Travernia, an active member of **Crestview FCE** study group in **Crook County** died **January**

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Oregon Association for Family & Community Education

1, 2014. She served many years as their **County Council** and study group officers as well as **District VI Director**. She attended all **Annual Oregon FCE Conferences** until **2011**. **Jessie** loved crafts and taught many times at **District** and annual conference.

Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2014.

~Next deadline-May 2, 2014~

Send articles and/or change of address to:

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*~In Deepest Sympathy for
our FCE Friends and their
Families ~*

*Jessie Travernia
Crestview Study Group
Helen Feight
Crater View Study Group
Agnes Hunter
Colton Study Group
Jessie Webster
formerly Baker Creek Group*

Oregon Heart of FCE

Marlene Currin was our **2013 Heart of FCE** winner. **Gay Jarvinen** is presenting her our heart award at our state conference in **Medford**.



Community Project and Fun Competition

held at 2013 State Conference

For our **State Conference in Medford** this year, **District 5** picked a community project to provide adult diapers and wet wipes to the residents of foster and care facilities in our area. This is a subject that is not much talked about but is of vital importance for seniors in retaining their independence, mobility and dignity. It is also something that is not adequately covered by **Medicare** and can be financially beyond some of



our seniors.

We also came up with a fun competition to go along with the project. The decorated diapers were displayed and auctioned off to raise funds for the **Margaret Seibold Scholarship**. Here is **Sally Wyffles** with one of the diapers she bought.

"Nature Boy"



Covered with leaves, moss, etc.

Submitted by **Gay Jarvinen**, District V & **Lynda Nyseth**, newsletter editor

District Reports 2013

A Lot Happened

District III

March 20, Yamhill/Polk Spring Festival was held in **Amity**, with 42 people attending. Several members came from **Marion and Linn Counties**. **Ann Scott** spoke of her working in **Liberia, West Africa** teaching school children. The day was filled with a lively auction, book sale and a tasty potluck luncheon. Door prizes were donated by the study groups of **Yamhill and Polk Counties**.

District III regional meeting was held, **May 6th in McMinnville**. **Oregon State FCE President, Barbara Voltin and Oregon State Director of Marketing Bernie Voltin** were our special guests. **Caye Poe** spoke of her many travels and adventures with **Friendship Force Mid-Willamette Valley** and how to prepare and pack for a safe trip. A donation was also given to **Barbara** to help with her trip to **India**.

In August four members from **Marion County** and three members from **Yamhill County** traveled to **Millersburg**, to attend the picnic sponsored by **Linn County**. **December** held several get-togethers for our groups. **Amity** had lunch at **Murphy's Grill in Dallas**, they exchanged cards, had a great lunch and wonderful time visiting. **Creative Homemakers**, met at a members home for a potluck lunch. They exchanged gifts, cards and memories of **Christmases** past. After lunch they wrapped and sorted the gifts they donated to two families. These families each received gifts and food items. They also collected body lotions, wash clothes, lap robes and baby wipes for a local adult care facility. **Sheridan** had a social time visiting and eating at the home of one of their members. **Salem West** held their meeting at **Rudy's at Salem Golf Course**. After lunch they drew for positions and took turns choosing their gifts or stealing from others and lots of fun. Everyone went home with something they wanted or didn't yet know they wanted.

Submitted by **Sally Wyffels**, District III Director

District IV

In June, Linn and Lane Counties got together for a potluck lunch and a tour of a local organic garden and 2 covered bridges in **Lane Co**. **In July** a picnic was held for members in **Lane Co**. Our volunteering time is with **Grange** activities, local libraries, transportation for those needing rides, school, food pantries, teaching kids to knit, knitting and crocheting hats and blankets for hospital and homeless, sewing book bags for school, visiting hospital and hospice care with trained dog. Researching and writing lessons for **FCE**, sewing items for the sales room at state conference and auctions at our meetings. (Continued on page 4)

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In August there was a picnic at **Millersburg Park** sponsored by **Linn Co.**, there were around 23 in attendance. Members came from **Linn, Lane, Marion and Yamhill Counties** for a great time of visiting and discussing the future of our groups. Can we have more get togethers? Start making plans for the State Conference when it will be held in our area again.

Linn County has their lessons presented by **Janice Gregg** at the **Lebanon Senior Center** on the last **Thursday** of the month, no groups re-teach any lessons. There are three groups: **Westside** meets the 3rd **Tuesday**, **Riverside** meets the 1st **Thursday**. These two groups meet for lunch at different restaurants. The remaining group, **The Long Street Ladies** meet the 2nd **Wednesday at the Christian Church in Sweet Home**, they have a potluck lunch. In **March**, three of us attended, **Yamhill/Polk Spring Festival in Amity**. In **May**, 5 of us attended the **District III Meeting in McMinnville**. In **December**, we held our **Annual Christmas Luncheon at Bing's Kitchen in Lebanon**. Each member is asked for a \$5.00 donation to fund our treasury and also for donations of canned food for the **Lebanon Soup Kitchen**. Submitted by **Anna Massingham & Geri Gustafson IV** Co-directors & **Vicki Graves**, Linn County Council President

District V

Jackson County had a successful **Spring Festival** with 60 members and guests attending. To earn money for the **State Conference** we held a silent auction of baskets made by each study group. A local **4-H** group catered a delicious luncheon. In **June** we held a garage sale to raise money for the state conference. Donations consisted of a scholarship to an **OSU** student, memorials for **FCE and Alumni, 4-H, Dogs for the Deaf**, embroidery thread for **India**. They collect pull tabs for dialysis, food labels and coupons for schools, coins for **ACWW**. They donate time to churches, **Red Cross Blood** services, food banks and other community needs including bags for **Newborns and Children**.

Klamath County earned money at the **Quilt Show Kitchen** to help with the **2013 State Conference**. They are involved in **Books for Newborns** and deliver items to the **VA Hospital in White City**. Other volunteer hours come from ambulance service, working for the Senior Center, quilting, knitting or crocheting for **Linus and**

Newborns, Rocky Mountain Elk Foundation, Chiloquin Gallery, and much more.

Submitted by **Rosalee Ratto**, District V Co-Director

District VI

There are two groups, one in **Deschutes Co.** and one in **Crook Co.** In **May Crook Co.** held a **District Meeting "FCE is the Cats' Meow"**. The craft was a planter with a cat face made with fun foam. In **June** three members went to **Hood River** to meet with a **FCE** group and have lunch. Members do **FCE Community Service** by preparing lessons, reading with the **SMART** program and Sunday School.

Submitted by **Marilyn Thompson & Loretta McDonald**, District VI Co-Directors

District VII

In **November** the **Giddy-Up-Go** group chose to help a project that a church group in **Milton Freewater** were needing help with. It was for the **Woman to Woman** project in **Africa**. We made sanitary napkins that were washable for the woman in **Africa**. I think we made 40 pads. It was a very rewarding project as the women there have nothing and have to just stay still when they have their monthly. We put 5 pads and a pair of panties in each bag. Each pad had 2 outside pieces, 1 plastic shield, 1 batting shield, and 1 terry cloth soaker layer. We found out that they aren't the easy things to make, but enjoyed the fun time anyway and know the women will be appreciative.

On **December 11th** **The Giddy-up-Go** group from **District VII** had their **Christmas Party**. We had lunch at the **Saddle Restaurant**. Then had an ornament exchange by playing a game. We picked a number, then who had #1 opened up a wrapped ornament, #2 they could either pick a new one or steal from one that had been open. We all end up with an ornament maybe not the one we chose but they were all nice so no one really lost. The picture is of the **Giddy -Up-Go** group and their ornaments.



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We're looking forward to seeing you all at the **2014 State Conference in Pendleton, "A Star is Born", October 6-8, Red Lion Hotel.**

Submitted by **Glenna Maine**, VII District Director

District X

Thanks to everyone who joined **Washington County** for our annual **Holidaze Faire**. This year we featured **Grant McComie of KGW**. Along with his photographer, **Jeff Kastner**, **Grant** presented stories of outings around **Oregon**. He is a wonderful storyteller and kept us entertained.

We had 66 people sign up which included several non-members from **Vancouver, Washington** and several members from **Linn, Marion, Polk and Yamhill Counties!** A great lunch was served and many prizes and baskets were distributed. It was great fun.

Thanks, also, for the donations to the **Food Bank/Pantry**. There is such a need for these items. **I'm** sure the recipients would thank you too!

Submitted by **Dawn Westphal**, Washington County

Patti Malanaphy, Lendamai Poole, Helen Tamke and I (Cathryn Schabell), attended the **2013 State Conference in Medford**. What a lovely, joyful, learning experience it was for all. **Lendamai and I** were able to tour the **Harry & David's Company**, which is the largest employer in the **Medford** area. It employs 2,000 persons, plus additional personnel hired just for the **Christmas** production of boxed cookies and fruits.

There was another tour of the historic town of **Jacksonville**, that several ladies enjoyed too. **I** just have to mention the **OUTSTANDING ENTERTAINMENT** at the **Tuesday** evening banquet, the **Sweet Adelines, Rogue Quartet, 2013 Quartet Champions** with a preview of their **ENTRY** into Competition in **Honolulu, Hawaii in November 2013**. They were truly **ENJOYABLE AND OUTSTANDING SINGERS**, hope they won in **November**. Congratulations to **District 5 - Jackson and Klamath Counties** on a **SUPER JOB WITH 2013 STATE CONFERENCE**.

So ladies and gentlemen, start saving for **2014 Oregon FCE State Conference in October 6-8th in Pendleton, Oregon**. "A Star is Born" let's try to get more than 67 to attend.

We **Woodmere** ladies are very proud to announce that **Patti Malanaphy** is currently **President-elect**,

training to be our next **Oregon FCE State President in 2015**. **CONGRATULATIONS TO YOU, Patti!**

During the year we collect coupons for **Father's House**, donate clothes, etc, to **Francis Center in Portland**, donations to **SnoCap and the 4-H Campships**. In **December** we had our annual **Christmas Potluck** with a short meeting and gift exchange.

Submitted by **Cathryn Schabell**, Woodmere Study Group

Goodbye to an Era!

As the close of **2013** comes, also a close to **Multnomah County** chapter of **FCE Study Groups**. What a sad and disappointing day it is for all the grass roots members who so diligently worked to keep this wonderful organization together in **Multnomah County**. Unfortunately the decline in new memberships, study groups disbanding and members getting older contributed to the dissolution of **Multnomah County FCE**.

Study groups which have disbanded are: **RPM, April 2012; Early Emmy's, December 2012; Crater View and Swap Panse, December 2013**. Total loss of twenty three members to **Multnomah County**. We also lost eight members from **Tualatin Acres Study Group** as they decided to join **Washington County in September 2013** to be effective **January 1, 2014**.

The need for members to be active in officers and state board positions was becoming more difficult to fill. We all know it takes all members to provide the necessary leadership and active involvement in all of the operations and service of any organization. Not just a few members who support and fill officers positions in the county, district and state. The need for all member participation in leadership training and presenting educational lessons to their study groups. To help with developing and implementing annual county programs/share fairs. Attending and supporting our **State Conferences** and other counties activities and community projects. These are all members responsibility. **I** do realize that we have all at one time been in leadership roles and we are tired. We want someone else to step up but, without promoting new memberships there is no one else. **I** understand also that we just want to enjoy our study group meeting, socialize, have lunch and learn from our lesson. But the need to continue working and

recruiting new members to take over those jobs is always a priority we have to provide. When that doesn't happen and we are unable to provide the foundation of **FCE in Multnomah County** we were no longer able to survive.

For the remaining members who desire to continue being active members of **Oregon FCE**, working together to enlist new members and continue with the mission and vision of **Family Community Education, the Multnomah County Advisory Council** and remaining **Woodmere Study Group** of fourteen members voted to join with **Clackamas County FCE Chapter** effective **January 1, 2014**.

It is my hope that all study groups in **Oregon** will take notice of what happened in **Multnomah County**. This should and is a wake-up call that all members need to heed.

WE NEED NEW MEMBERSHIPS! BEE A MEMBER is a lesson we all need to attend and learn from. What can you do? What will you do?
Patti Malanaphy, Oregon President-Elect

New Web Site for Oregon FCE **www.Oregon-FCE.org**



If you haven't taken the time to check out the new web site for **Oregon FCE**, now is the time to do so. The address for the new web site is **www.Oregon-FCE.org**. *(For those of you that are like me and not too sharp with the computer, I have finally put this on my favorites so that when I want to check out our site I get there quickly. So when you get on the page that Scott has set up mark it as your favorite. Lynda)*

Again, please check out the web site and let me know what you think. Contact me on my home phone 541-882-4374, on my cell phone 541-892-6456, or my email (my best contact) sfteeples@charter.net.

Submitted by **Scott Teeples** – Oregon FCE Secretary

UP-COMING EVENTS

March 19th, Yamhill/Polk will hold their annual **Spring Festival**. We will have representatives from **4-H** give presentations that they gave at county and state fairs. We will also have a used book sale and a silent auction.

May 6th, District III will have their annual meeting. Our speaker will be **Connie Graves**, she will be doing a program on **Indian Baskets**.

If you are in our area please join us. For more information contact **Lynda Nyseth**, 21461 S. Hwy 99W, Amity, OR 97101 or e-mail LYNDATrose@aol.com

April 28, Clackamas County Fair Share, speaker from **Button Society**. Potluck and white Elephant Silent Auction. Information call **Cathy Schabell** 503-256-0884

Other Reports from 2013 State Conference **Youth Education Representative**

FCE Essay and Artwork Contest is a **National FCE** program. If you are having trouble getting this started in the public school system try an organization that has fourth graders in it, private schools, a 4th grade home school child, **4-H, Girl or Boy Scouts**, etc. Also remember that the child can now do the essay and artwork at home. It doesn't have to be a school setting. Remember that the essay can only be done on one side of the paper. If the essay is two pages long, it has to be done on two pages.

I would like to challenge the **FCE Members** to get at least 10 kids in your county to take part in the **FCE Essay and Artwork Contest**. Be thinking and contacting groups now so you will be ready this fall when the contest begins. Brochures to advertise the importance of character and the **NAFCE Essay and Artwork Contest** are available. Contact your **State FCE President** to get the brochure.

As of **December I** will be leaving this position. I hope that you continue to take part in the youth programs and take the challenge to get at least 10 kids in your county to take part in the **FCE Essay and Artwork Contest**.

Ida Lee Knapp, Youth Education Representative
*We will miss **Ida Lee** as our representative. She has done a great job for many years. Thank you **Ida Lee**.*

International Report

Almost 3,000 skeins of embroidery thread was mailed to **India** so the ladies can help with the income for their families. Approximately 1900 skeins were brought to the **State Conference in Salem in 2012**. **Union/Morrow** counties planted one tree, **Multnomah** county planted 2 trees and **Yamhill** county planted 223 trees. (Continued on page 7)

(Continued from page 6) Five members in **Yamhill/Polk** counties walked 3 miles for the "**ACWW Women Walk the World**". Two of our members went to the **Triennial in India**. Keep up the good work **Oregon FCE** members.

Helen Tamke, International Rep.

Vice President of Programs Report

January 19, 2013, I met **Mary Johnson** at the **Good Earth Show in Eugene**. She is the **General Operations Manager** of the "**Washed Ashore Project**" which teaches environmental issues through art. They had on display giant sea life sculptures made from garbage collected from the beach. They also host environmental art workshops, interactive exhibits and integrated curriculum and will be releasing a feature-length documentary film. This is a 501 ©3 non-profit organization that is interested in **FCE** to help them spread the word about saving the over 100,000 marine mammals and sea turtles who die each year from plastics and other garbage in our oceans. I hope that **FCE** would also find this a worthy venture as a possible future lesson. Learn more from their website at www.WashedAshore.org.

It's that time again to send me ideas of subjects that would make good lessons. Put on those thinking caps and give this assignment some thought. Did you see a documentary of a little known piece of History? How were our local landmarks named? Recycling, reusing and reducing our carbon footprint? What moves you? Most important, I would like to see you volunteer to write the lesson if yours was a title chosen. It does not need to be a solo venture. Many minds/hands makes less work. How about making it a group effort with your study group or Council.

Lesson Evaluation Forms. The "routing" procedure of the lesson evaluation forms are printed at the bottom of the form found in the **FCE Handbook**. It instructs the study group to give evaluations to **County Council**. **County Council** is to then compile the information into a report given to the **District Director** on a semi-annual schedule. The **District Director** then sends a copy to me, **VP of Programs**. If you cannot follow this procedure for whatever reason, mail the compiled information directly to me.

Please feel free to contact me in any way easiest for you. If you can scan on your computer, send

evaluations that way too. Below is all my contact information.

Remember you can also find a lot of important "**FCE** stuff" on our cool new web page www.Oregon-FCE.org. No computer, take this address to your friend who does or, at least have it handy to give to potential new members. It's a wonderful tool developed by our **State Secretary, Scott Teeples**. Make good use of it.

Sincerely,

Deanna Hadley, FCE VP of Programs

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Oakridge, Or 97463

(541)782-5882

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State Conference First Timer

My first time to the **FCE State Conference**. I was invited by **Lynda Nyseth** to attend the **Amity Study Group in November 2012**. I found out what good of a group it was where we all try to do some volunteering jobs to help our community, in the meantime all members also learn something every month and exchange ideas on various topics concerning everything that we need to know in our life. That is how I finally joined the **FCE**.

Last **October**, it was my first time to attend the **FCE State Conference in Medford**. I was impressed by how well organized it was. I had a chance to know and meet members from all over the state. During those three days, we had some interesting activities as well as getting the opportunity to attend classes of our choice.

We spent our free evening-time to get together with some of the members to play cards. It was a nice time to chat and laugh and it always ended by midnight.

On our last day, all the members and board got together at the Banquet Room for dinner, auction and drawing raffle tickets for baskets. These baskets were prepared by each district and local members from **Medford**.

Overall, I thought my trip to the **FCE State Conference** was an incredible experience. I'm looking forward to this year's conference in **Pendleton**.

Lidia McRae, Amity FCE

OR Assoc. Family & Community Education

Oregon FCE News
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2014 Oregon FCE Calendar

February

ASAP **50 year member forms to Barbara V.**
12 **Lincoln's Birthday**
14 **Valentine's Day**
17 **Presidents' Day**
22 **Washington's Birthday**

March

9 **Daylight Saving Time Begins**
15 **Heart of FCE nominations due**
19 **Yamhill/Polk Spring Festival**
24-25 **FCE Spring Board Meeting**

April

1 **April Fools' Day**
25 **Arbor Day**
28 **Clackamas County Fair Share**

May

2 **Deadline for Oregon FCE News**

Articles

6 **District III Luncheon**
11 **Mother's Day**
16 **Mail Oregon FCE News**
26 **Memorial Day**

June

16 **Father's Day**

July

17-20 **Tucson, AZ**

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Mission Statement of OR Association for Family
& Community Education
To strengthen individuals & families through
Continuing Education, Leadership Development,
Community Service