

Oregon FCE News

Volume 22 Issue 1

Oregon Association for Family & Community Education

January 2015

President's Comments



President Patti Malanaphy 2015-2017

I want to thank all the members for their support and encouragement as I start my journey as **Oregon State President**. I am well aware of the urgency affecting our organization with declining membership. **Sandie Bolyard, Oregon FCE Treasurer** reported to the **State Board** that membership stands at 455 state members. Our organization as a whole need to make the recruitment of new members our highest priority. If the work we have dedicated ourselves too is to continue. We must reach out to other organizations and people who share our goals. We can, and we will be successful if our goal is to build this wonderful organization for the future of **FCE** members.

July 17th-20th, 2014 I attended my first **National Association for Family & Community Education Annual Conference in Tucson, Arizona**. It was a wonderful experience meeting women and men from all over our country who shared the same enthusiasm. They illustrated that hard work, being diligent and dedicated you can accomplish good for all through our **FCE** service. I look forward to attending many more national conferences. I encourage all of you to consider attending the next conference in **2015 in Missouri**.

I want to thank **FCE Districts VI & VII** from **Umatilla/Morrow & Crook County** for the long hours, hard work and devotion planning and hosting **2014 Oregon FCE Annual Conference in Pendleton**. Great Job!! Well done!! Also thanks to the **State Board** members for their call to duty. Thanks to all those who were presenters at the workshops. I know our members will enjoy training, and presenting these interesting and educational lessons to their study groups.

We were fortunate to have **Under Sheriff Jim Littlefield** from **Umatilla County Sheriff's Office** address the conference about Marijuana issues to be

voted on at the **General Election, November 4, 2014**.

It is time to select your **Heart of FCE** nomination. This is a wonderful honor for our members to be recognized for their accomplishments. Nominations must be sent to **VP for Public Policy, Gay Jarvenin by March 15, 2015**. Be thinking of topics for lessons you would be interested in having. Let your **District Director** know so she can present them at the **Board of Directors** meeting **March 30th & 31st, 2015**. Or you can submit your suggestions to **VP for Programs, Deanna Hadley**. We will be deciding on the lessons that will be presented at the annual **FCE Conference, October 5th, 6th, 7th, 2015 in Wilsonville, Oregon**. Please let me hear from you with ideas, suggestions that we could share making **FCE** the best it can be. Working together does make a difference for our community and organization.

It will be wonderful meeting and making new friends.

Just a reminder to use our **Web Site at www.oregon-fce.org**. There is lots of information that you can use on the Web Site. Thank you **Scott Teeples**, our web master, for making this available to all our members.

Patti Malanaphy
Oregon FCE President

Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2015.

~Next deadline-May 1, 2015~

Send articles and/or change of address to:

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Amity, OR 97101-2239

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Readers Comments

HI, LYNDA ----- I GOT ENOUGH ENERGY TO QUIT READING AND MAKE THE CAKE. (LYNDA NYSETH - JAN BLANKENSHIP RECIPE)

THE CAKE WAS DELICIOUS, - EVERYTHING YOU SAID IT WAS. DELICIOUS!!! THANKS TO YOU AND JAN FOR SHARING. LOIS

If you have a favorite recipe you would like included in the Oregon FCE News send it to me and if room I'll include it. We all like a new recipe now and then. Thanks, Lynda

Washington County Holiday 2014

Wanted to thank the ladies from **Yamhill County** who came to **Holiday**. I hope everyone enjoyed it.

We had 71 attendees, 14 of whom were non-members. **Barbara and Bernie Voltin** were able to join us. **Washington County's** agent, **Jeanne Brandt**, as well as her assistant, **Katie Johnson**, were also able to be with us.

We all enjoyed **Jane Kirkpatrick**, as she introduced us to her new novel, "**A Light in the Wilderness**". Many attendees purchased books and had them signed by **Jane**.

Some good news - **Jane** and her husband were able to get away for their **Mexican cruise**. I think that must mean that **Jerry** was feeling somewhat better. I hope that continues!

Dawn Wesphal, Washington Co.

Members we lost in 2014

(These are the ones that I know about and have received notes about them.)

Edgel Sudul

Edgel was our **Oregon FCE State President, 2006-2008**, at that time she attended the **Triennial in Finland**. She had been a member for over 50 years. She was very active outside of **FCE** also in **Campfire, Sunday School Teacher**, sewing costumes for her daughters school activities, making wedding cakes and Bridal Dresses. **Edgel and Phyllis McIntire** attended **NAFCE in Wisconsin** to see what they needed to do for the **1991 National Conference** that was held in **Portland, OR**.

One story that many of you have heard was while leaving a conference held in **Klamath Falls, Edgel, Jessie and Phyllis** stopped for gas. **Edgel and Jessie** got out to get the gas and pay; **Phyllis** was

not feeling well so she got out to use the restroom. Back in the car, **Edgel and Jessie** thought that **Phyllis** was asleep so they took off, several miles down the road they thought she was being awful quiet. They looking in the back and noticed no **Phyllis**. What a shock to find out why **Phyllis** was so quiet. **Bonnie Teeple**s came to the rescue and took **Phyllis** to meet **Edgel and Jessie**. It is funny now but at the time I know **Phyllis** must have wondered how will I get home, I have no purse or money "What now?"

Joyce Iske

Joyce was a member in **Yamhill County**. She had attending **FCE** meetings while her husband was in the service, so she was close to or over a 50 year member. They spend part of that time in **Hawaii** and made several trips back. **Joyce** had also been in the service as a **WAVE**. She was very active in many organizations and would often share **FCE** lesson information with these groups. They made many trips after the service including **Scotland, England** and most recently **Joyce** and her daughter **Diana** went to **Panama**.

Pauline Trom

Pauline from the **Dallas** area in **Polk County**, was a former **Extension Agent in Marion County**. She was a long time member of **Ambitious Annies**. She was very active as a volunteer with the **Red Cross**. While her children were in school she was involved with sports activities. At one time she bicycled all over **Europe**.

Daisy Cox

Daisy was a member in **Woodburn**. She was an **FCE** member for 57 years. Her daughter, **Pauline Mikkleson**, told me that when going through her mother's things they found lessons from the 50's. A couple of the first lessons: how to make lamp shades and the perfect meringue. The **Gervis Home Extension Group** entered at booth at the **State Fair** entitled "Home made's from Home founds". **Daisy** held all of the offices and served as the caller up to the very end. She commented that she learned so much from **FCE** and all the lovely ladies through the years and it's constant social events.

We will surely miss all of these ladies.

Lynda Nyseth, Editor



Report from State Treasurer

I hope everyone has approached the schools in their area for the **Character Counts Essay and Artwork** contest. Please send me your Counties **First place winner and photo** in early **March 2015** so I will have them before the **Spring Board** meeting at the end of **March**. Send to 34043 Hwy 97 N., Chiloquin, 97624. **National** has asked us to **please not fold** them as they do not photo copy well with creases in them.

We had so much fun in **Pendleton** last year and I am looking forward to this year in **Wilsonville**. I hope everyone is planning to attend, we only got **Seibold** applications from two counties last year and I would like to get applications from other counties and I know some counties have new members who would enjoy the conference. Be sure to fill out the **Seibold** scholarship to help you defray the cost of attending the **State Conference** and get it to me by **August 15th**. You can get a copy from the handbook or your **District Director** or contact me to get a copy 541-892-2336 or fluffy66@centurylink.net.

We have gotten enough donation money this year to pay for the web-site, I know that **Scott Teeples** would want to thank you. However, this needs to be paid each year so if any **County Council** wants to donate to the web-site please send a check of any denomination to me, make sure you designate on the check or a note that it is for the web-site. We still need to increase membership so please think of ways to recruit new members and retain the current ones, as **Scott** says "a happy member is a busy member". Remember to take advantage of the generous offer for **Keepers Corner** scholarship for new members.

Some of our treasurers are spending way too much of their money to send forms to me, forms can be folded in two or three to send in smaller envelopes. I have received large 8x10 envelopes with one or two forms and checks costing .98-\$3.00, it seems to me this is a waste of money when it could be put to better use in your treasury.

Sandie Bolyard, State Treasurer

Margaret Seibold Winners 2014 Ida D'Inzillo, Judy Pedder, Margaret Dietrick and Morna Bastian.

2014 Heart of FCE Winner



I am pleased to announce that the **Oregon Heart of FCE** has been selected and this year the award goes to **Morna Bastian**, a long-time member from **Chiloquin Study Group in Klamath County**. Once again it was a very hard decision with eight excellent nominees to choose between. Here is the recommendation written by her study group.

Morna Bastian characterizes the **Heart of FCE**. She consistently gives of herself. She gives her time, her talent, her knowledge and heart to **FCE**. She has served in all officers positions and willingly steps in to fill those jobs when needed. She does not hesitate to volunteer her time and talents for fund raisers, membership drives or community endeavors to promote **FCE**. She also sews and crochets for the **Books for newborn project** and collects floss for **India**. The way she values her community and **FCE** and truly gives of herself to their benefit epitomizes the **Heart of FCE**.

Congratulations **Morna** and we wish you well with your nomination for the **National Heart of FCE**.

I will need the new nominations for **Heart of FCE 2015 by March 15th** (at the very latest). Include 2 (two) 2" x2" photos with your recommendation of no more than 100 words. Send to **Gay Jarvinen**, 37009 Highway 62, Chiloquin, OR 97624.

Gay Jarvinen, V.P. for Public Policy

Web Site for Oregon FCE
www.Oregon-FCE.org

Please check out the web-site. Contact me on my home phone 541-882-4374, on my cell phone 541-892-6456, or my email (my best contact) sfteeples@charter.net.

Submitted by **Scott Teeples** – Oregon FCE Secretary

Notes from the VP of Programs: Lesson Ideas Needed

Spring Board Meeting, end of **March**, is when we vote for program titles. Please send you ideas for Lesson/Programs with your **District Director**. I will put all topics up for vote but, those that have included the name of people willing to develop the lesson will become the most interesting to board members. Remember that lessons need only to be 20-30 min long at the most.

Please encourage participation as a group to collect information and write a program together. It will be easier than you think. And you always have me to help you in the progress. Know too that you can always send your ideas directly to Me.

Deanna Hadley, VP of Programs

Hadley_dd@yahoo.com

541-206-1253 message

PO Box 1144

Oakridge, OR 97463

Just a reminder last day to register at **Super 8** hotel for **Spring Board** meeting will be **March 1, 2015**. After that date they will release the blocked rooms. You must also let them know you are with **FCE Spring Board** to get the group rate.

Super 8 Redmond
541-548-8881

Thanks,
Patti Malanaphy

Reports from 2014 Oregon FCE State Conference in Pendleton

President's Report:

This is my last report as the **Oregon FCE President**. It has been a busy, hectic but fun year. I have been blessed during my three year term with a great, competent **Board of Directors**. I will miss working with them all.

April 24th, Bernie and I attended the **District VII** meeting in **Pendleton**. Their program was the "Genius of America". **May 6th** we traveled to **Dallas** to attend the **District III** meeting. Their program was presented by a basket weaver who uses natural materials she gathers and dries herself. **May 7th** we attended the 100 year celebration by **OSU** extension in **Crook County at Prineville**. After the free bar-b-que they gave away experimental tomato plants. **June 18th Marilyn Thompson and Loretta McDonald** carpoled with us to **Lebanon** for the **District IV** meeting. We visited a lavender farm and enjoyed a program on lavender. **July 15th** we were off to **Tucson, Arizona** for the **National FCE Conference**. While there we toured the **Mission San Xavier del Bac**. It's a **National Historic Monument** and the oldest intact **European** structure in **Arizona**. The conference itself was another great event lead by our own **Bonnie Teeples**. We received lots of information. The classes were all excellent.

Thank you for letting me serve you as your **President**. When I joined **FCE in 1982** I never would have dreamed 32 years later I would have the courage to stand up before a group like this let alone be the president. It has truly been a life altering experience. I never would have been able to attend conferences in **Kentucky; Fargo, North Dakota; Tucson, Arizona** and certainly not **Chennai, India** without having been president of this wonderful organization. I thank you all for your support. I will miss being invited to the **District** meetings but you never know I just might show up some day anyway. You all have great programs and are so creative. I love to learn something new every chance I get.

Barbara Voltin, Oregon FCE President 2012-2014

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District III

We have 4 study groups in **Marion County** with 44 members; **Polk County** has 40 members and 4 study groups and **Yamhill County** has 36 members with 4 study groups. From **January to September 2014** we reported 799 FCE hours, 2,407 other hours and 77 hours with kids. Donations were made to **ACWW Women Walk the World, 4-H, MPY** newsletter, books for babies and booties and blankets for the layette program.

Submitted by **Sally Wyffels**, District III Director

District IV

Lane County has one group with 13 members, they reported 700 FCE hours, 150 youth and 450 other hours. They collected \$70 for **ACWW** this year. They traveled to **Millersburg** to the picnic in **August** and worked on the 2016 conference.

Linn County hosted the **District IV** meeting in **Lebanon**. Members came from **Prineville, Rdemond, Creswell, Springfield, Fall Creek, Sheridan, Amity, McMinnville, Salem** and of course **Scio, Sweet Home and Lebanon**. We visited **MoonShadow Lavender Farm**. **Gale** and her husband **Ric**, along with their Chocolate Lab **Lily**, grow several varieties of lavender as well as **Pinot Noir** grapes. After returning to the **IOOF** hall we enjoyed a potluck lunch and door prizes, **Janice Gregg** presented the lesson on lavender.

In **August** we held our annual picnic at **Millersburg Park**, we had 25 attending and this was also the first official meeting of the **2016 State Conference Planning Committee**.

Submitted by **Anna Massingham and Geri Gustafson**, District IV Co Directors and **Vicki Graves**

District V

Jackson County has 65 members with 5 study groups. they reported 1169 FCE volunteer hours and 1004 other hours. Donations were given to **4-H, ACWW**, memorial scholarships **County Council**, 96 bags for babies and children, Endorsement in the Voters pamphlet to keep our **Extension Office** open - Succeeded.

Klamath County has 22 members and 2 study groups. Volunteer hours totaled 2061.

Submitted by **Rosalee Ratto**, District V Co-Director

District VI

The **Co-Directors** traveled to several **District** meetings with **Barbara and Bernie Voltin**. We worked on the table decorations for the conference in **Pendleton**. They did service hours in: church, school, **FCE and St. Vincent DePaul**.

Submitted by **Marilyn Thompson and Loretta McDonald** District VI Co-Directors

District VII

Umatilla/Morrow County has 4 study groups with 33 members. All the groups were busy preparing for the **2014 Conference**. In **July** we had a picnic at the park and prepared bags for the conference. In **September** for our meeting we had a work bee finishing up for the conference. We had 400 FCE hours and 500 other hours. We collect for **ACWW** each month and send it to **State Treasurer Sandie**.

Submitted by **Glenna Maine**, Distirct VII Director

2015 Oregon FCE Annual Conference

Hosted by: District X

Dates: October 5th, 6th and 7th, 2015

Location: Holiday Inn Portland South

25425 SW 95th Ave

Wilsonville, OR 97070

"We're Having A Ball"



National FCE Contest--Open Category Brochure Contest

Does your **FCE** Study Group or another organization to which you belong need a new eye catching brochure? **Hearth Fire Series #56** will give you ideas and suggestions to get you on your way. "**Someone is saying...Strut your Stuff Developing Great Brochures**" is just what you need. It was developed and written by: **Scott Teeples - Pacific Region Program Coordinator and Marian Hannon - Pacific Region Public Policy Coordinator.**

To order this **Hearth Fire Series #56** contact **National Association for Family and Community Education**, 73 Cavalier Blvd., Suite 106, Florence, KY 41042-5178. Phone: Toll free: 877-712-4477 or e-mail: nafcehq@fuse.net

There is a **National FCE Contest** for the conference in **Kansas City** this summer. It is called **Open Category Brochure Contest**. This contest is open to everyone. It is a little different from the other **National FCE Brochure contest**. It is designed to be an opportunity for all **National FCE** members at all levels (state, districts, counties, clubs or individuals, etc.) to compete in a **National FCE contest**. The brochure is to be a "stand-alone" item promoting **FCE** in some manner. The brochure does **not** have to be connected to a **Program Award Contest**. Brochures used in the **Program Award Contest** many **NOT** be entered in this contest. There are three different areas that you can enter the brochures so be sure to check out which one, or more than one, you would like to enter.

Entries must be in to **National FCE Headquarters** by **April 15, 2015**.

Information and Rules

Description/Purpose:

This contest is designed to be an opportunity for all **National FCE** members at all levels to compete in a **National FCE** contest. The brochure is to be a "stand-alone" item promoting **FCE** in some manner. The brochure does **not** have to be connected to a **Program Award Contest**. Brochures used in the **Program Award Contest** may **NOT** be entered in this contest.

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Brochures must promote FCE to be considered for awards

Categories:

Contestants may enter **One (1)** different brochure in each of the **three (3)** following categories:

1. **FCE Marketing/Membership:** These brochures are used to provide information about FCE to members of your communities and potential members. This could include recruitment information, etc.
2. **FCE Tools:** These brochures are used as a tool in FCE to provide information needed for FCE members or those in their communities.
3. **Other:** These are brochures that do not fit into either of the above categories but promotes FCE in some manner.
- 4.

Open to:

This contest is open to all **National FCE** members, in good standing, at all levels. They may enter the contest as a state, district, county, group, unit, club or individual, etc.

Judging:

The judging will be done by the **National FCE** board and/or committee with the same basic scoring categories and points as used in the **National FCE Program Awards Book Brochure Contest**.

Awards:

Winners and placers in each of the three categories will receive a **National FCE** voucher that may be used to purchase **National FCE** materials. First place receives \$100 voucher, Second place receives a \$50 voucher and Third place receives a \$25 voucher.

Other instructions:

- Brochures not adhering to all rules and instructions **may** become ineligible for awards.
- The **FCE** logo used on the front of the brochure can be from any level of FCE including national, state, district, county, group, unit, or club, etc. **If the National FCE logo is used, a license agreement must be obtained from National FCE.**

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- Contact information, located on the back of the brochure, should include things such as the name of organization or group, addresses, phone numbers, web site addresses and other important contact information.
- Each brochure contestant must have **15** original brochures sent to the **National FCE Headquarters on/or before April 15 of the current year.** They must also bring, or send, a minimum of **50** original brochures to the **National FCE Conference.**
- Contestants are encouraged, but not required, to attend the **National FCE Conference.**

I have put the **National FCE Open Brochure Contest Forms** on the web site.

1. Go to: www.Oregon-FCE.org
2. Click on Forms (Tab is on top right hand side)
3. Click on **National FCE Open Brochure Contest Forms** (Tab is on bottom left of page)
4. Print forms (should be 2 pages...Guidelines and Scoring Guide)

If you have questions please contact **Scott Teeples** at 541-891-6456 or sfteeples@charter.net

I was in the six item express lane at the store quietly fuming. Completely ignoring the sign, the woman ahead of me had slipped into the check-out line pushing a cart piled high with groceries. Imagine my delight when the cashier beckoned the woman to come forward looked into the cart and asked sweetly, "So which six items would you like to buy?"

(Wouldn't it be great if that happened more often?)

Baby Ruth Bars

Allrecipes.com 7/1/2014

Submitted by Suzanne Stull

Prep time: 15 minutes

Ready in: 30 minutes

Servings: 18

Ingredients:

- 1 cup peanut butter
- 1 cup white corn syrup
- 1/2 cup packed brown sugar
- 1/2 cup white sugar
- 6 cups cornflakes cereal
- 1 cup semisweet chocolate chips
- 2/3 cup peanuts

Directions:

1. In a large saucepan over medium heat, combine the peanut butter, corn syrup, brown sugar and white sugar. Cook stirring occasionally until smooth, Remove from heat and quickly mix in the corn flakes, chocolate chips and peanuts until evenly coated.
2. Press the entire mixture gently into a buttered 9 x 13 inch baking dish. Allow to cool completely before cutting into bars.

These taste like the candy bar. My grandson made them for the fair. Give them a try. Lynda

Hope you smile

Working as a pediatric nurse, I had the difficult assignment of giving immunization shots to children. One day I entered the examining room to give four-year-old **Lizzie** her needle. "No, no, no!" she screamed. "**Lizzie,**" scolded her mother, 'that's not polite behavior." With that, the girl yelled even louder, "No, thank you! No, thank you!"

While I sat in the reception area of my doctor's office, a woman rolled an elderly man in a wheelchair into the room. As she went to the receptionist's desk, the man sat there, alone and silent. Just as I was thinking I should make small talk with him, a little boy slipped off his mother's lap and walked over to the wheelchair. Placing his hand on the man's, he said, "**I** know how you feel. My mom makes me ride in the stroller too".