

Oregon FCE News

Volume 20 Issue 2

Oregon Association for Family & Community Education

June 2013

President's Comments



President Barbara Voltin – 2012-2015

“Hi” from the Desert,

What is that saying...“Time flies when you’re having fun?” Well, it’s true. In just four weeks my term as **Oregon FCE President** will be half over. And believe it or not...I am having fun. I love traveling around the state visiting with the members at the **District Meetings**. I am impressed with how different the meetings are and yet when I walk in I know I am at an **FCE** event because everyone is so friendly and...”there’s a whole lot of learnin’ goin’ on.” They make **Bernie and I** feel welcome even though we may never have met them before. That is just **ONE** thing that makes **FCE** such a great organization in which to belong. I would encourage you to attend other **District Meetings** if you can. Thank you **Districts III, V, VI, VII and X** for your invitations to your meetings. We enjoyed seeing you all again. (We didn’t get to visit **V** because **Pendleton and Medford** are just a little too far apart and their meetings were held only one day apart)

At the **FCE Conference in October, 2012, Helen Tamke, International Representative** proposed planting a tree as our statewide **ACWW** project in **2013**. Congratulations to **District VII! The Giddy Up Go Study Group** put **Oregon** on the world map. They planted a tree at a local school, sent the picture to **ACWW** and it was published in the latest **Country Women Magazine**. Did you take a picture when you planted your tree(s)?

Have you checked out our new **Oregon FCE** website yet? It’s **G-R-R-E-A-T! Scott Teeples**, our **Oregon FCE Secretary**, has worked very hard and put in many hours getting it organized and up and running. Let him know if you have an event coming up. This is for you to get your information out in the “community” at large and possibly get new members. Let’s get out of the ‘Dark Ages’ ladies and gentlemen and look to the future. OK? Tell

your friends and family to visit us at **Oregon-FCE.org** so they can learn what we are all about.

I would like to take this opportunity to say, “Thank you” to my Board. They are a great group to work with. All I have to do is mention I need something done and they step right up and volunteer. And...more importantly they follow through. Also, thanks to **Kerry Mauk** for working with **Sandie Bolyard and Gay Jarvinen** on the bylaws committee and for volunteering to serve as secretary on the finance committee.

Be sure and attend the **Annual Conference** being held in **Medford, October 7-9, 2013** so you can vote on a few changes to the bylaws. We will be voting on a **President –Elect; VP for Programs; Secretary; and Directors for Districts IV and VI**. I will be appointing a new **Youth Education Representative** when **Ida Lee Knapp** resigns **December 31, 2013**. If you or someone you know is interested in our youth and their education let **Ida Lee** or me know. One of our state-wide projects that she has been in charge of for many years is the **FCE Art and Essay Contest** for fourth graders and we most definitely will be continuing that project. If you are interested in serving on the **Oregon FCE Board** here is a wonderful opportunity. **Ida Lee** has agreed to mentor anyone who takes over for her.

I hope your **District Director** contacted your study group so you all had the opportunity to vote on the issue of whether our **Oregon FCE Creed** will: 1) be left as is; 2) have the line “Love our Master and know His will” removed; or 3) be replaced with the **National FCE Creed**. As I write this letter to you I have only heard from **Klamath, Jackson, Crook and Deschutes Counties**. The deadline to report the results of the votes to me was **May 31, 2013**.

Where in the World is **Lynda Nyseth**? I have heard on pretty good authority that she is out there walking and is getting pretty close to **Fargo, North Dakota**. Let’s keep our fingers crossed she wins the prize **National FCE** is giving to the one who walks the farthest. If you haven’t started walking yet you still have until **October** to walk to **Medford**.

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I'll wave to you on my way to **India** the end of **September**. I will be attending three conferences for fourteen days and spend 10 days traveling over 20,000 miles in only two and a half months. If I fall asleep at the conference in **October** please just remove my plate before I fall face first into the food. Ahhh more **FCE** fun.

By the way, I really appreciate the sponsorships given me by the **County Councils in Clackamas, Multnomah, Polk, Washington, and Yamhill** counties to help with my trip to **India**. I have a special account at the bank where all the donations are going.

While I am still awake you can reach me at **Barbara.the541@gmail.com** or 541-420-2999 by mail 69380 Buckhorn Road Redmond, OR 97756

Barbara Voltin,

Oregon FCE President

Treasurer's Note

Our membership so far this year is 483 down from 554 last year. That's a loss of 71 members. I am hoping you all will take advantage of the generosity of **Scott and Bonnie Teeples** through their **Keepers Corner scholarships** for new members or to bring back member's who have been gone for at least 5 years, we need to keep active in our recruiting of new members and be vigilant in keeping the members we do have.

Be sure to fill out the **Seibold** scholarship to help you defray the cost of attending the **State Conference in Medford** and get it to me by **August 15th**. You can get a copy from the handbook or your **District Director** or contact me to get a copy 541-892-2336 or fluffy66@centurylink.net
Sandie Bolyard, State Treasurer.

Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2013.

~Next deadline-May 24, 2013~

Send articles and/or change of address to:

Lynda Nyseth, Editor

21461 S. Hwy 99W

Amity, OR 97101-2239

E-mail LYNDATrose@aol.com

Family & Community Education Walks for ACWW



Lynda Nyseth, Olga Grant, Glenda Bray, Sally Wyffels and Lidia McRae

April 29 was the day chosen for "ACWW Women Walk the World". Five of us from **District III** met at **Riverfront Park** to walk through the park and over the walking bridge to **West Salem**. The bridge was a railroad bridge that is now popular for walking or bicycling. We proudly wore signs on our backs that said
Family & Community Education
Walk for ACWW.

Ask us why.

We walked almost 3 miles to support ACWW. It was a great time, weather was nice and the company and conversation were superb.

Walk to Conference

Bonnie Teeples encourages all members to start walking and try to walk the distance to **National FCE Conference in North Dakota and/or FCE Conference in Medford**. Use 2200 steps to equal one mile so we are all using the same measurement. For the State conference count your miles from last **October**.

*~In Deepest Sympathy for our
FCE Friends and their Families*

~

*Rose Mary Hafer
Salem West FCE*

*Lucile Stoffer
Washington Co. FCE*

Community Project and Fun Competition

For our **State Conference in Medford** this year, **District 5** has picked a community project to provide adult diapers and wet wipes to the residents of foster and care facilities in our area. This is a subject that is not much talked about but is of vital importance for seniors in retaining their independence, mobility and dignity. It is also something that is not adequately covered by **Medicare** and can be financially beyond some of our seniors. So, we are asking that you collect and bring packs of incontinence supplies to kick off this project that, we hope, can be continued when the conference is over.

We also came up with a fun competition to go along with the project. Let's face it, adult diapers are pretty boring, at least the kids get all kinds of fun cartoons and comic characters on their diapers, so why not the rest of us! We are having a competition to see who can bring the best decorated diaper to the conference. You don't have to wear them, just make them pretty or funny, thought provoking or just plain fun. We will display them in the banquet room and will either vote for the winners or have a judge pick them. Then on **Tuesday evening Scott Teeples** has very kindly offered to auction them off to raise funds for the **State Organization**. I have heard a rumor that, for the right amount of money, he might actually model one for us!! Can't wait to see what everyone comes up with.

Submitted by **Gay Jarvinen**, District V

INVITATION

The ladies of **Linn County** would like to invite you to our annual picnic. The year it will be **Wednesday August 14 at Millersburg Park**, from 11 – 2:30. Please bring a dish to share and your own table service. Please feel free to invite family and friends to enjoy the lovely park! We look forward to seeing everyone! Have a fabulous summer

Submitted by **Vicki Graves**, District IV



Rhubarb Slump

4 cups rhubarb cut into 1 inch lengths
Put rhubarb in sauce pan add the following 3 ingredients and bring to a boil.

1 cup water

1 cup sugar

¼ tsp. nutmeg

Simmer this for 20 minutes, stirring so it does not scorch.

Grease 9 x 13 baking dish. Set oven to 400°.

Sift together:

2 cups sifted flour

3 Tbsp. sugar

3 tsp. baking powder

1 tsp. salt

Cut in 6 Tbsp. unsalted butter, to make a medium crumb.

Mix together ¾ cup milk and 2 eggs and add to flour mixture. Stir until blended together. Spread in bottom of baking dish. Pour rhubarb sauce over top.

Mix ½ cup soft butter (unsalted), ½ cup sugar and 6 Tbsp. flour. Drop evenly over rhubarb. Bake 35 to 40 minutes. Serve warm, with cream or without is good too.

2013 Conference lessons

Jackson County: “Are You Prepared?”

Learn basics of wills and estate planning, differences between wills & living trust.

Advantages and disadvantages of both. We are working on getting a lawyer to teach this lesson.

“Lavender 101” What can you use lavender in.

Learn different ways to use lavender and get recipes too.

“Civility” with **Anne Engen**. Is there a vaccine to cure rudeness? It's an honest conversation about civility.

“Fixing Soups” with **Giddy Up Go, FCE**.

“Root Vegetables” with **Geri Gustafson and Anna Massingham**. Recipes and methods of preparing vegetables.

“Bee a Member” with **Bonnie & Scott Teeples**.

New Web Site for Oregon FCE
www.Oregon-FCE.org



If you haven't taken the time to check out the new web site for **Oregon FCE**, now is the time to do so. During the **Spring Board** meeting in **April**, **I** suggested to the **Board** that **I** be allowed to build and maintain a new web site for **Oregon FCE**. After discussion by the **Board** it was voted and approved to have me set up the new web site.

At the middle of **April** the web site was up and running. The address for the new web site is **www.Oregon-FCE.org**. Please don't confuse it with the old web site of **www.OregonFCE.org**. **I** had to use a new domain name because it would have been very difficult to obtain the original domain name.

Please take some time to check out the new web site. **I** work on it almost every day. **I** really need your input of any kind. Let me know what you like or don't like about it. Send me your comments and/or suggestions. The web site can only be as good as you help me make it.

Some of the information **I** need for the web site is:

- Names of your local **Study Groups/Clubs**. Please include the county, city, names and phone numbers of officers or contact person(s), the dates and times that you meet, and anything else relating to your **Study Group**.
- Tell me what your **District, County or Study Group** has been doing.
- Let me know of the upcoming activities your **District, County or Study** group is having. Let me know when, where and why. Also, let me know of the contact person for that event.
- Pictures. **I** need lots of pictures. **I** need pictures of the **State Leadership** members (see examples on web site), pictures of activities your **District, County or Groups** are doing. Also, pictures of anything else you would like to see on the web site.
- Anything else that you would like to see posted on the web site.

Again, please check out the web site and let me know what you think. Contact me on my home phone 541-882-4374, on my cell phone 541-892-6456, or my email (my best contact) sfteeples@charter.net.

Submitted by **Scott Teeples** – Oregon FCE Secretary

DISTRICT X DIRECTOR'S REPORT

District X meeting was hosted by **Clackamas County FCE Advisory Council**.

Thanks to all the **FCE** members who worked together to make the meeting a great success. We were honored to have our **State President, Barbara Voltin** come to our city from her beautiful desert town of **Redmond**. She provided us an update of her activities, informed members of news around our **State** and from **National**. We also were pleased to have **Bernie Voltin, Marketing Director** attending with his wife. Thanks to **Bernie** we have access to purchase warm, colorful vests identified with **FCE** logo. These vests promotes and signifies **Oregon Association for Family & Community Education. GREAT JOB BERNIE!**

We also celebrated three wonderful women who represents **District X's Heart of FCE. Sue Gilbert** from **Clackamas County, Inez Griffles** from **Washington County** and **Cathryn Johnsen** from **Multnomah**. Thank you ladies for your dedication.

Now for the FUN stuff. We were spectators to a delightful, interesting program. "Where In The World is **Cheanni?**" We found out. It's in **India. Anne Engen, Pacific Region Program Coordinator, Sally Wiffels, District 3 Director, and Caye Poe** World traveler & member of **Friendship Force** were our teachers. Thanks to these talented and enthusiastic ladies, WE GOT EDUCATED!

I also want to thank **Jeanne Brandt** for providing information from **Extension FCH**. She also provided many colorful and beautiful saris from her travels in **India**.

Patti Malanaphy District X Director presented **State President Barbara Voltin** with a check for \$400.00 donated by **Multnomah, Washington and Clackamas County FCE Advisory Councils**. We hope this will assist with her trip to **India**.

Again we thank everyone who provided their time and energy making this meeting complete. Food was good too! Submitted by **Patti Malanaphy**

The following revisions have been proposed to the Oregon Association for Family and Community Education By-Laws.

These will be voted on at the annual meeting in Medford on October 8th 2013.

Original wording: Article III MEMBERSHIP Section 2. Classification

- a. Active member shall be an individual/family who belongs to a county or local group and who shall pay both national and state dues through the state association.
- b. Member-at-Large is an individual/family not affiliated with a county or local group and who shall pay both national and state dues through the state association.
- c. Senior membership shall be an optional membership for an individual who is 80 plus years old, may be active or inactive, who shall pay both national dues discounted by 20% and state dues through the state organization.
- d. Family membership shall be available for families who pay national and state dues through the state organization.
- e. Business/Agency member shall be interested groups who pay dues to the organization without voice vote.

Proposed wording: Article III MEMBERSHIP Section 2. Classification

- a. Active member shall be an individual who belongs to a county or local group and who shall pay both national and state dues through the state association.
- b. Member-at-Large is an individual not affiliated with a county or local group and who shall pay both national and state dues through the state association.
- c. Senior membership shall be an optional membership for an individual who is 80 plus years old, may be active or inactive, who shall pay both national dues discounted by 20% and state dues through the state association.
- d. Family membership shall be available for families who pay national and state dues through the state association. Family membership shall be defined as member, spouse and minor children living in the same home.
- e. Business/Agency member shall be interested groups who pay dues to the organization without voice vote.

The change is proposed in order to clarify the five classifications of membership.

Original wording: Article IV DUES AND FINANCES Section 1

Dues shall be paid on all members to the Oregon FCE Treasurer for the current year. Dues are payable November 1 and are delinquent December 1.

Proposed wording: Article IV DUES AND FINANCES Section 1.

Dues for the following year shall be payable by all members to the Oregon FCE Treasurer by December 1st of the current year.

The change is proposed for clarification purposes.

Original wording: Article IV DUES AND FINANCES Section 3.

Dues for members are as approved by the membership of the association at the annual meeting. * For National dues, please refer to the National FCE website for Article IV, Section 3 of the bylaws, or contact the Oregon FCE State Treasurer for a current membership application.

Proposed wording: Article IV DUES AND FINANCES Section 3.

State dues for members are as approved by the membership of the association at the annual meeting. National dues are approved by the National Association.

The change is proposed for clarification purposes.

Original wording: Article XII AMENDMENTS.

These bylaws may be amended at the annual meeting of the Association by a vote of two-third of the votes cast, provided notice of proposed amendments has been sent to each county 60 days prior to the meeting. This can be accomplished by mail or by printing the bylaws and the proposed changes in the Spring issue of the Oregon FCE Newsletter.

Proposed wording: Article XII AMENDMENTS.

These bylaws may be amended at the annual meeting of the Association by a vote of two-third of the votes cast, provided notice of proposed amendments has been sent to each county 60 days prior to the meeting. This can be accomplished by mail or by printing the bylaws and the proposed changes in the Oregon FCE Newsletter.

The change is proposed for clarification purposes.

Isolated editorial changes have been made to change the word "organization" to "association" when referring to the Oregon Association for Family and Community Education.

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Oregon Association for Family & Community Education

June 2013

OR Assoc. Family & Community Education

Oregon FCE News
21461 South Hwy 99W
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2013 Oregon FCE Calendar

June

12 District IV Meeting
Dexter Firehall, 11:00 to 2:00
16 Father's Day

July

4 Independence Day
18-22 NAFCE conference, Fargo, ND
19 Deadline for Oregon FCE News

articles

August

2 Mail Oregon FCE News
14 Linn County Annual Picnic, 11:00 –
2:30

15 Millersburg Park
Deadline for Margaret Seibold

Scholarship Applications

23 Oregon State Fair begins
30 Deadline for Hotel Group Rate in

Medford

For Oregon State FCE Conference

September

2 Oregon State Fair ends
17 Deadline for early registration for
Oregon FCE State Conference,

Medford

October

7-9 Oregon FCE State Conference
"Days of wine & Roses"
Rogue Regency Inn
Medford, OR

Mission Statement of OR Association for Family
& Community Education
To strengthen individuals & families through
Continuing Education, Leadership Development,
Community Service

National FCE Headquarters

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