

# MPY TRI-LINE NEWS

Volume 23, Issue 1

Marion, Polk, Yamhill

Winter/Spring 2016



**Happy 2016,**

As we start the new year some changes are taking place in our **Family and Community Education (FCE)** organization. One change is the redistricting from ten districts to five districts. We are doing many of the same things just having larger areas. **District III (Marion, Polk and Yamhill Counties) and District IV (Benton, Lane, Lincoln and Linn Counties)** will now be **District III**. We have been working together before so it is not such a big change for us. We often take part in each other's activities.

The **MPY** was started 23 years ago to keep **Marion, Polk and Yamhill Counties** up to date on what was happening in our area. I have included things taking place in areas close by so we could be a part of them too. Our newsletter goes all over **Oregon** and also to some folks out of state and is also on the web-site, [www.oregon-fce.org](http://www.oregon-fce.org). So I'm asking again for you to let me know what is happening where you live. We have such a great organization. Many of our readers are not **FCE** members and we need them to know what is happening in their area so they can join in the fun and learning.

I'm interested in knowing what events you have coming up, tours you have taken, how you raise money for your group and what you use the money for (scholarships, helping other organizations, etc.) and what you do as volunteers. We all need new ideas for our groups. Also if you have read a book or seen a movie, I can include those reviews and of course if you have a favorite recipe or new one let me know as we like to include recipes. If we don't use them in the **MPY**, I can include them in the **Oregon FCE News**. We do have a recipe page printed separately for the **MPY** that is mailed with

the newsletter but not included on the web-site newsletter.

Remember to give your **District Directors** ideas for lessons for **2017** so they can talk about them and make plans at the **Spring Board** meeting that will be held **April 4 and 5, 2016**. Also if you have a nomination for **Heart of FCE**, that needs to be turned in right away to **Gay Jarvinen**. **Patti Malanaphy, State FCE President**, says she will still be excepting 50 year member and older member applications. We want to recognize you at our **FCE State Conference in Salem**.

In this newsletter you will find a registration form for **Yamhill/Polk Spring Festival**, to be held **March 16**, at the **Amity Christian Church, 9 am to 2 pm**. Our theme "**Hands of Hope**". **Ann Scott** will be our speaker. Look for more information in this newsletter along with the registration.

Again a reminder to let the leaders of the trainings for our **2016** lessons know if you are attending and which location you will be at so they have your materials ready for you and they will be able to contact you if there is a change due to weather or other circumstances. In **Marion, Polk and Yamhill Counties** our lesson for **March** is "**The Story Lives On**", the training will be **February 24 & 25**. We will be exploring **Oregon** folklore, legends and myths. In **April** our lesson is "**Say 'NO' to Disease**", this lesson will be presented by **Tonya Johnson, Marion Co. Extension Agent**. Training will be **March 23 & 24**.

Also if you have changed your address, know of someone who would like to receive this newsletter or someone who received this newsletter and now is deceased or has moved please let us know so we can make the needed changes. Send the changes to **Susan Whitaker, 9875 Parker Rd., Monmouth, OR 97361-9762**.

Sincerely,

**Lynda Nyseth, Editor**

Oregon Association for Family & Community Education



### From the Desk of the District III Director

It is the second month of 2016 already...**Happy New Year!!** My, time sure goes by so quickly, time for the **FCE** members of **District 3** to shift into 4th gear for the coming events of this year.

First up will be a meeting on **March** the 2nd in **Albany** for the committee working and planning the **2016 Fall Conference** to be held in **Salem**. The planning is moving along. We have the menus selected. Now working on the program to be presented. You will be asked to help. You are the best members to give a helping hand. Again my thanks to you for your continued support.

**Yamhill/Polk Spring Festival** will be held in **March**, too, on **Wednesday** the 16th, in **Amity** at the **Christian Church**. The speaker will present a program on "human trafficking", this topic is important to **National FCE**.

**April 4 & 5** will be the **FCE** executive board meeting in **Redmond**. If you have any ideas for lessons for the coming year please let me or your county council representative know.

Lastly this **May District III** will hold its annual meeting in **McMinnville**. The meeting will be held at the **Yamhill County Heritage Center**. The district meeting will be the official gathering of the former two districts 3 & 4 as one. Members from **Lane County and Linn County** in addition to **Marion, Polk and Yamhill Counties** will be a welcomed addition to the new **District III**.

Have a **Happy Valentine's Day** and **Blessed Easter!**

**Sally Wyffels**, District III Co-Director

**Vi** was my high school home ec teacher in **Westfir, OR**, perhaps her first job. I was so happy to become re-acquainted with her. She was my "go-to" person for canning & cooking questions. I will miss her so much. She introduced me to your **MPY** letter. I am honored to support this newsletter. **(Nancy Hugill)**

I greatly enjoy reading news about **FCE**. I keep in touch with **Lorraine Scott - Lebanon**. Happy new year. **(Sharon Nilsen)**

**Dear MPY Tri-Line News Friends,**  
**I'm** still a follower of your paper here in **NE**. When **I** saw that **Vi Shepard** has died, **I** realize she and **I** were connected by our **Freshman** year at **Oregon State**. We both lived at **The Pines**, a women's cooperative living house. When **I** was a **Sophomore**, **I** went to work for my room and board at the **Fletcher -family** for 2 quarters. **Vi** then became their room and boarder when **I** went back to **The Pines**. We learned a lot of caring for children there. No longer does **OSU** have co-ops for living but we learned so much! **I** will miss her also. **(Laurel Christiansen was Berg)**

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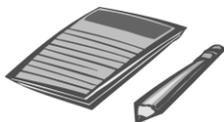
### Yamhill/Polk Spring Festival "Hands of Hope"

**FCE National President Lynn Maples** tells us our **National FCE Focus Project** is joining the effort to eliminate Human Trafficking. Did you know that **America** is the largest market in the world for victims of this terrible crime? You ask, "What can **I** do? **I'm** just one person. **I** don't know anyone who could be involved in this." There are things that you and your club can do.

Most communities have crisis shelters or women's shelters where those who are being abused can find help with their relationships. Find out if your community has one and offer to help.

One simple thing to do: **BE AWARE OF WHAT IS GOING ON AROUND YOU!** **I** was in **Wal-Mart** sitting on one of their benches which happened to be outside the ladies' restroom. A Mom pushed her cart up beside the bench and went into the restroom. She left her two pretty little girls in the cart alone. **I** was almost overwhelmed! You couldn't have pried me away from there until the Mom came out. The only regret **I** have is that **I** should have said something... but didn't.

(Continued on page 3)



### Letters to the Editor

*Comments from those reading about Vi Shepard's death in our last MPY.*

**I** have enjoyed reading the newsletter since moving from **Oregon**. **I** was saddened to read of **Vi's** passing. **(Esther Smith)**

(Continued from page 2)

Stories appear on **Facebook** everyday about Moms with small children being approached in the store or in the parking lot...they feel uncomfortable with the conversation and look for help. You could be the difference in a child's life. (Taken from **fce Today, Fall 2015.**)

For our **Spring Festival** in following **National's** lead we have decided to take a look at the problem of "Human Trafficking". **Ann Scott** will be our speaker.

We will be having a craft class, our used book sale (that helps with funding for the **MPY**) and potluck lunch of salads and desserts. We will have several baskets full of goodies for you to buy chances. Tickets for the baskets will be \$1.00 each or 6 for \$5.00. We hope that if you are close by you will come and join us for a day of fun and learning. Come meet other **FCE** members and friends. Don't forget your salad or dessert for lunch and your table service, you are welcome to decorate your table too. Coffee cake and/or muffins will be served alone with coffee and tea at 9 a.m. and we will start our meeting at 9:30. Registration fee is \$8.00. Registration form is in this newsletter.

**Lynda Nyseth**, Yamhill/Polk County Council President

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## UP COMING EVENTS

**March 2, District III** planning meeting, 11:00 a.m. **Lum Yeun Restaurant, 1236 Price Rd., Albany.** The restaurant is right off the freeway.

**March 6**, deadline to register for **Master Food Preserver** classes to be held in **Marion County**. Classes will be from 9 a.m. to 4 p.m. on **Fridays, April 15 - June 3.** Call **Marion County Extension Office**, 503-588-5301 for more information.

**March 16th, Yamhill/Polk Spring Festival.** **Amity Christian Church**, 9:00 to 2:00, potluck lunch of salads and desserts. (See registration form inside.)

**April 4 & 5, FCE Spring Board Meeting in Redmond.**

**April 25 Clackamas County Share Fair.** Contact **Patti Malanaphy, 503-663-0718** for more information.

**May 2, District III** annual meeting, to be held in **McMinnville.** More information in the next **MPY.**

**July 14-17, National FCE Conference in Memphis, TN**

**October 3-5, Oregon State FCE Conference, Salem, "Be a Fan of FCE".**

Put these dates on your calendars and plan to attend these fun and interesting events, especially if you are in the area. We need you!

### *Volunteer Newsletter Staff*

**MPY Tri-Line News** is published quarterly and is supported by voluntary donations. Anyone may receive the newsletter. Send news articles, donations or inquiries to: **MPY Tri-Line News, 21461 S. Hwy 99W, Amity, OR 97101-2239**

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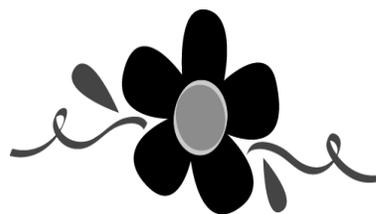
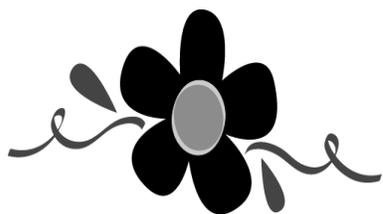
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**9875 Parker Rd.**

**Monmouth, OR 97361-9762**

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**DONATIONS  
THANK YOU SO MUCH**

Amity FCE  
Linda Bird  
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Charlotte Sharp  
Dorothy Shepard  
Jerry Shepard  
Pieternella Sims  
Ann Smith  
Sharon Takahashi  
Helen Tamke  
Bonnie & Scott Teeples  
Nancy Thornton  
Barbara Tinsman  
Rita Wagar  
Shirley Watson  
Dawn Westphal  
Penny White  
Claire Wintermute  
Annita Yataes  
Pam Zielinski

MOORES VALLEY NEWS  
CHRISTMAS 2015

From the Editor Nancy Thornton

A year's end is a time of reflection  
and review  
To recall the happy times we knew;  
To send prayers and wish blessings  
for the coming year--  
To all the folks that we hold dear.

May 2016 be a year of good health and  
friendship.

????

What will I lose today?  
How many things will stray?

It's a treasure hunt to find  
What slipped from my mind.

There are gremlins at play.  
Their tricks frustrate my day.

It gives me exercise to look  
For where I left my book.

At least I'm aware  
Of what isn't there.

But it's a frequent chore  
To find what I'm looking for.

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Childhood Game

In the childhood game of musical chairs  
We pranced and marched until the music stopped  
Then the group was in a flutter to find a seat.  
The person left standing dropped out  
and the music proceeded.

Life is like that party game.  
We step out and find our places.  
but over time  
This one moves on and that one dies.  
It's a long party.  
The important part is that  
We are still in the game.

Submitted by **Nancy Thornton**, MPY reader

**DO NOT REGRET**

*Do not regret growing older.  
It is a privilege denied to many.*

**THE WORLD IS MINE....**

Unknown Author

Today, on a bus, **I** saw a very beautiful woman  
and wished **I** were as beautiful. When suddenly she  
rose to leave, **I** saw her hobble down the aisle. She  
had one leg and used a crutch. but as she passed,  
she passed a smile. Oh, **God**, forgive me when **I**  
whine. **I** have two legs; the world is mine.

**I** stopped to buy some candy. The lad who sold it  
had such charm. **I** talked with him, he seemed so  
glad. If **I** were late, it'd do no harm. And as **I** left,  
he said to me, "**I** thank you, you've been so kind.  
It's nice to talk with folks like you. "You see", he  
said, "**I'm** blind." Oh, **God**, forgive me, when **I**  
whine. **I** have two eyes; the world is mine.

Later while walking down the street, **I** saw a child  
**I** knew. He stood and watched the others play, but  
he did not know what to do. **I** stopped a moment  
and then **I** said, "Why don't you join them dear?"  
He looked ahead without a word. **I** forgot, he  
couldn't hear. Oh, **God**, forgive me when **I** whine.  
**I** have two ears; the world is mine.

With feet to take me where **I'd** go..

With eyes to see the sunset's glow.

With ears to hear what **I'd** know.

Oh, **God**, forgive me when **I** whine. **I've** been  
blessed indeed, the world is mine.

This poem is just a simple reminder that we have  
so much to be thankful for! Give the gift of love. It  
never comes back empty!

**I** have been truly blessed with AWESOME  
FRIENDS.

Submitted by **Donna Michaelson**, Ambitious  
Annie FCE

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TEXTING

Senior citizens have taken to texting with gusto.  
They even have their own vocabulary:

BFF: Best Friend Fainted

BYOT: Bring Your Own Teeth

CBM: Covered By Medicare

FWB: Friend With Beta-blockers

LMDO: Laughing My Dentures Out

GGPBL: Gotta Go, Pacemaker Battery Low!

Submitted by **Charlotte Lyman**, MPY reader

## Keepers Corner Scholarship

If you have been reading the **MPY** and wondering how you can be a member and join in the lessons and other meetings but think that you can't afford the membership fee, **Bonnie and Scott Teeples** have a offer for you. They sponsor a scholarship to new members or members that have been away from **FCE** for some reason. This is an opportunity for you, go to our web-site [www.oregon-fce.org](http://www.oregon-fce.org), you will find scholarship forms, make a copy and fill it out. You pay only for local club dues, look for someone in your area or contact me and **I'll** let you know who to contact in your area. Also listed on the web-site are clubs that are in or near your area.

Don't put it off any longer, fill out the form and get started in the learning, fun and fellowship that **FCE** has to offer. **I** look forward to hearing from you.

Contact: **Lynda Nyseth**, 21461 S. Hwy 99W, Amity, OR 97101 or [LYNDATrose@aol.com](mailto:LYNDATrose@aol.com). If you use the e-mail be sure to say that it is about **FCE** or it will go to spam mail or get deleted because **I** don't recognize the name.

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# Study Group Reports

**Ambitious Annies, Dallas** are now holding their meetings at the **Polk County Extension Office**. They meet at 9:30 on the 3rd **Thursday**. After the meeting, those who want, go to a restaurant for lunch.

**Amity FCE Study Group, Amity** hold their meeting on the 2nd **Monday**. We meet in different homes at 10:00.

For our **January** meeting we met at **Third Street Pizza in McMinnville**. While we waited for our pizza's we played Scategories and had a great time with much laughter and good conversation during our meal. We nominated our "**Heart of FCE**" person. In **December** we elected our officers for **2016**. For our **February** meeting we had our lesson on "Coffee", there were 8 present and only 3 of

them drank coffee and most of the rest of us do not even like the smell of coffee. We all participated in the coffee tasting, with much grumbling, laughter and comments. We did learn a lot about coffee and were glad that we had the lesson. We did get serious and answered some questions that we got from the extension agent. However our leader did not convince the non-coffee drinkers to change their minds.

We voted to give \$25.00 to the **MPY**.

**Sheridan FCE Study Group, Sheridan** hold their meetings on the 1st **Thursday**. They also meet in homes. **February** they also had the lesson on "Coffee". They voted to give \$100.00 to the Soup Bowl, which was a fund raiser for the food bank. Their **March** meeting will be held at the **Willamina Museum** and they will do the lesson on "**Oregon -The Story Lives On**".

**Creative Homemakers, McMinnville** also hold their meetings in members homes. They meet on the 2nd **Thursday**. Their **January** meeting is usually touring downtown **McMinnville** and having lunch downtown also. In **February** they too had the "Coffee" lesson. They enjoyed all of the history and interesting facts.

**Open Arms FCE Study Group** meets at the **Four Corner Fire Station, in Salem**. Their main community project is "Books for Babies". **Connie** delivers the bags to the hospital and the nurses always tell her they are so happy to give them to the new mothers. **Connie** gets donations for books, bibs and bags from their members as well as from a couple of the study groups in **Yamhill County and Woodburn/Union Study Group**.

These are the reports that **I** get from our local study groups. **I** would love to hear what you are doing so that **I** could pass the information on to our readers. Thanks study groups. **Lynda**, editor

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## Interesting Facts TidBits, April 2005

Did you ever hear of "**American Flag**" or "**Licorice Lulu**"? They're the names of flavors of chewing gum that were made and sold more than 100 years ago. These gums were made in **Maine** by two brothers named **Curtis**. Back in **1848**, they began making gum from the sap of spruce trees. It was **America's** first chewing gum, and it was packaged under the name of "**State of Maine Pure Spruce Gum**."

## Mule Trading

*Buzz, buzz you busy bees to Salem for  
the....*

**Oregon FCE State Conference  
October 3, 4 & 5, 2016**

**Host District III  
(Lane, Linn, Marion, Polk and Yamhill  
Counties)**

### "Bee a Fan of FCE"

There will be a beehive of sweet activities

- ❖ Learning in new workshops
- ❖ Greeting old friends, making new ones
- ❖ Savoring meals you did not have to cook
- ❖ Listening to inspiring speakers
- ❖ Shopping at the country store and touring local sites
- ❖ Attending an important business meeting
- ❖ Participating in our service project, **Habitat for Humanity**
- ❖ Winning door or table prizes, and drawings for gifts
- ❖ Enjoying great local entertainment
- ❖ Taking a brisk walk in the morning, playing evening games

Mark your calendar now for this special time of year. The registration form will be in our "**Oregon FCE News**", if you are not a member but want to attend go the [www.oregon-fce.org](http://www.oregon-fce.org) and get a copy of the registration form. **August 12th** is the mailing date of that newsletter, so don't look for the registration form before then.

**Curtis and Leroy** saw an ad in the **Starkville, MS Daily** and bought a mule for \$100.

The farmer agreed to deliver the mule the next day.

The next morning the farmer drove up and said, "Sorry, fellows, I have some bad news, the mule died last night."

**Curtis and Leroy** replied, "Well, then just give us our money back."

The farmer said, "Can't do that, I went and spent it already."

They said, "OK then, just bring us the dead mule."

The farmer asked, "What in the world ya'll gonna do with a dead mule?"

**Curtis** said, "We gonna raffle him off."

The farmer said, "You can't raffle off a dead mule!"

**Leroy** said, "We sure can! Heck, we don't hafta tell nobody he's dead!"

A couple of weeks later, the farmer ran into **Curtis and Leroy** at the **Piggly Wiggly** grocery store and asked. "What'd you fellers ever do with that dead mule?"

They said, "We raffled him off like we said we wuz gonna do."

**Leroy** said, "Shucks, we sold 500 tickets for two dollars apiece and made a profit of \$998."

The farmer said, "My Lord, didn't anyone complain?"

**Curtis** said, "Well, the feller who won got upset. So we gave him his two dollars back."

Submitted by **Lynn Wilson**, MPY reader

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**We laugh but her I.D. is safe!**

During a recent company password audit, it was found that an employee using the following password:

**"MickeyMinniePlutoHeuyDeweyLouieDonaldGo  
ofySacramento"**

When asked why she had such a long password, she rolled her eyes and said, "Hello! It has to be seven characters and one capitol."

Submitted by **Donna Michaelson**, Ambitious Annies

FCE CALENDAR

**FEBRUARY**

- 22 Washington's Birthday  
Marion Co. Council, 9:30  
4-Corners Fire Station
- Oregon, The Story Lives On**
- 24 Training Yamhill Co., 9:30-11:00  
Extension Office Auditorium
- 25 Training Marion Co., 9:30-11:00  
4-Corners Fire Station

**MARCH**

- 2 District III, Lum Yeun's, Albany 11:00
- 11 Yamhill/Polk Co. Council, 9:30  
Sandwich Express, McMinnville
- 16 Yamhill/Polk Spring Festival 9:00-2:00  
Amity Christian Church
- 17 St. Patrick's Day

**Say NO to Disease**

- 23 Training Yamhill Co., 9:30-11:00  
Extension Office Auditorium
- 24 Training Marion Co., 9:30-11:00  
4-Corners Fire Station
- 27 Easter
- 28 Marion Co. Council, 9:30  
4-Corners Fire Station

**APRIL**

- 1 April Fool's Day
- Deadline for MPY articles
- 4 & 5 Spring Board Meeting  
Redmond
- 8 Yamhill/Polk Co. Council  
Sandwich Express
- Deadline for registration for  
District III meeting May 2
- 15 Mail MPY
- 25 Clackamas Co. Share Fair  
Marion Co. Council, 9:30  
4-Corners Fire Station
- Precious Water**
- 27 Training Yamhill Co., 9:30-11:00  
Extension Office Auditorium
- 28 Training Marion Co., 9:30-11:00  
4-Corners Fire Station

**MAY**

- 2 District III Meeting  
Yamhill Co. Heritage Center  
Durham Road, McMinnville
- 6 Deadline Articles for Oregon FCE News
- 13 Yamhill/Polk Co. Council, 9:30  
Sandwich Express

Oregon Association for Family & Community Education