

MPY TRI-LINE NEWS

Volume 20, Issue 2

Marion, Polk, Yamhill

Spring/Summer 2013



Welcome from District III, (Marion, Polk and Yamhill Counties).

Forty seven attended the **Yamhill/Polk Spring Festival**. Our guest speaker this year was **Ann Scott**, she told of the school she works with in **Liberia**. The school **Mt. Barclay Christian School**, “**Plan For The Children Humanitarian Aid**” is a 501c3 nonprofit organization. For more information check out their website: www.planforthechildren.com

Mt. Barclay is a large, permanent refugee area in **Liberia, West Africa**. The families remain locked in poverty even though the **Civil War** is over. They cannot adequately provide the children’s basic needs of food, clothing and medical care. Because of this school some of the children are getting the education they need to give them a more hopeful future. The school feeds up to 900 a day, 3 to 6 days a week. They get a bowl (that they bring from home) filled with about 1 cup of cooked rice and a sauce over the top. **Ann** showed pictures of the school children sharing their food with some that were not in school but close to the school grounds and others would take part of their meal home to share with family members. More than 30 small communities comprise the **Mt. Barclay** refugee area, with more than 1500 school-age children. The law now requires them to have school uniforms that cost \$18 each. We thanked **Ann** for sharing this information with us. How fortunate we are to be living where we are.

Everyone enjoyed getting new “used” books to increase their library or ones to read and trade. As usual the auction was a lot of fun, whether you were bidding up your neighbor or someone across the room, **Patsy Tinkham** kept the group enthused.

As a result we brought in \$425.85 from the auction. We collected \$88.92 for **ACWW**. The book sale was to help with the finances for **MPY**, we brought in \$165.00 and still had books left over which someone offered to purchase for a donation of \$50.00. She knew what the donation was for and was happy to give to our cause.

Of course the Salad & Dessert potluck is always good and so many choices. We know that we have many good cooks in **FCE**.

In this issue you will find the registration form for the **District III Annual Meeting**. We will be at **Yan’s Chinese Restaurant in McMinnville**. **Caye Poe**, from **Dayton, Oregon** will be speaking to us on travel tips. What to take and what not to take when you travel by car, train, bus or plane. She will also be telling us about some of her many expedition adventures she has taken. She and her husband taught at a school in **Madagascar**. They taught **English** using small dramas and household objects like fruit, clothing and cutlery. **Caye** often ended the class with the “**Hokey Pokey**.” The children never tired of this dance. **Caye’s** biggest contribution was a project involving the unlikely combination of sewing and hygiene aimed at the young women of the area. The first project they made was a pot holder, they had never heard of pot holders before. The practice was to hold onto hot dishes from wood stoves with pieces of cardboard or the edges of skirts, certainly a fire hazard. Come learn more about her adventures. We have a donation jar if you would like to help her purchase materials on her next adventure.

One of the challenges from **NAFCE** is to walk with **ACWW** “**Women Walk the World**” on **April 29th**. There will be a group in **District III** that will meet at 9:45 at the carousal in **Salem**. We will start our walk at 10:00 and go across the foot bridge to **West Salem**. You don’t have to be an **FCE** member; you are welcome to walk with us, the more the merrier.



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Also we are challenged to keep track of our steps and convert them to miles (to calculate use 2200 steps per mile) to see if we can walk to **National FCE in Fargo, North Dakota in July** and/or the **2013 State FCE Conference in Medford, Oregon in October**. I have been keeping track since the later part of **July 2012** and I'm about half the way to **Fargo**. Both on these conferences are fun, educational and you get to meet new friends and renew friendships with so many wonderful **FCE** members.

Again the reminder if you have changed your address, know of someone who would like to receive this newsletter or someone who received this newsletter and now is deceased please let us know so we can make the needed changes. Send the changes to **Susan Whitaker, 9875 Parker Rd., Monmouth, OR 97361-9762**.

Sincerely,

Lynda Nyseth, Editor



From the Desk of the District III Director

Beautiful flowers and trees blooming signaling the beginning of spring. I love this season! **March/April** has had three special events that I was able to attend: **Yamhill/Polk Spring Festival in Amity, District 10 Annual Meeting in Clackamas and Spring Board Meeting in Redmond**. Members of **FCE** are talented and inspiring people.

The **Yamhill/Polk Counties Spring Festival** was held on **Wednesday, March 20 in Amity** at the **Amity Church of Christ**. “**Faces around the World**” was the theme and members had decorated their tables with dolls of many nations, maps of the world and “faces” of people of the world. **Ann Scott** gave a wonderful presentation on her teaching children in **Liberia, West Africa**. **Patsy Tinkham** led the rousing auction of varied items for the

members attending. Lunch was potluck with many delicious dishes created by the members attending.

On **Monday, March 25, Anne Engen, Caye Poe and I**, met at the **Clackamas Banquet and Catering** building for the **Annual District X Meeting**. We were greeted by **Edgel Sudul, President of the Clackamas Advisory Council**. **Anne, Caye and I** were the quest speakers as we gave another presentation of “**Where in the World is Chennai?**” **Jeanne Brandt, Extension FCH Faculty** member, had spent time in **India**; she was able to add to the lesson. After lunch the three counties leaders, **Clackamas, Multnomah and Washington**, each gave their report for the year. It was very informative and interesting to learn of the activities of other counties.

April 1 and 2 were two days full of meetings and me learning so much more about the inner workings of **Oregon FCE** at the **Annual Spring Board**. There were 15 board members attending the gathering with **President Barbara Voltin** presiding. The directors gave their reports from their districts...my, we are a busy organization. I had the pleasure of helping to select **Oregon's “Heart of FCE”**. It was one of the hardest tasks I've done, so many qualified people. The winner will be announced at the **Fall State Conference in Medford, Oregon**. The lessons for next year were chosen and lessons are to be written.

Finally, the **District III Annual Meeting** will be held in **McMinnville on Monday, May 6, 2013**. The theme will be “**FCE on the Move...Safe Travels on Planes, Trains and Automobiles.**” Our guest speaker will be **Caye Poe**. She will speak on travel tips and aides. **Caye** is a world traveler and has wonderful stories of her adventures that she will be sharing. The meeting will be held at **Yan's Chinese Restaurant (by Wendy's) in McMinnville**.

Hope to see many of you at the meeting. Have a wonderful spring and summer!

Sally Wyffels, District III Director

His wife's grave side service was just barely finished, when there was a massive clap of thunder, followed by a tremendous bolt of lightning, accompanied by even more thunder rumbling in the distance. The little old man looked at the pastor and calmly said, “Well, she's there.”



Remembering Rose Mary Hafer

Several of us from **Marion, Polk and Yamhill Counties** attended a **Memorial Service for Rose Mary, Saturday April 13th**. Many of you knew **Rose Mary** from past **FCE** events. At the request of the family anyone wanting to give a memorial contribution they have designated for it to go to **FCE** to help someone attend a **National or State Conference**. **Rose Mary** loved everything about **FCE** and their thought was this would be a great tribute in her memory. If you would like to take part in this make your, tax deductible check out to **Yamhill County FCE** and designate it for **Rose Mary's Memorial**. Send your checks to **Lynda Nyseth, 21461 South Hwy 99W, Amity, OR 97101-2239**.

Study Group Happenings

The ladies of the **Riverside Study Group of Albany** meet each month & go to lunch. We don't have a regular meeting place anymore. We enjoy staying in contact with our members.

We had \$ 19.00 in our treasury. We bought 2 - 22# buckets of laundry detergent & a box of baggies. We gave the items to **FISH of Albany**. They dispense the detergent in the baggies. Submitted by **Rita Wagar & Betty Holcomb**

Up-Coming Events

Fair Share 2013

Add a little "Spice" to your life!!! **Monday, April 22, 2013, 9:30 am to 2:00 pm** at **First Presbyterian Church, 1321 Linn Ave, Oregon City**. Registration \$4.00, bring your favorite dish to share for the potluck and a "White Elephant" item for the Silent Auction. Hosted by **CARUS Study Group**. Contact **Mary Kunze 503-623-4031** for added information.

District III Annual Meeting

May 6, Yan's Chinese Restaurant, McMinnville at 11:00 am. We will be getting travel tips from **Caye Poe** as well as hearing her experiences teaching in **India** and other locations. Registration included in this newsletter.
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Crook County Council "Spring Round-Up"

We are invited to join the members in **Crook County** for their **Spring Round-Up, "F.C.E. It's The Cat's Meow"**, **Wednesday, May 15, 2013, 9:30 am to 2:30 pm**. Registration is \$5.00 (due **May 10th**) includes salad lunch, craft and door prizes.

Lesson: Let's Dine Out the Healthy Way.

Craft: Cat Face Planter.

The meeting will be held at the **4-H Clover Club Building, 402 SE Lynn Blvd., Prineville, OR 97754**. Contact **Marilyn Thompson, 1237 NE Lookout Ave., Prineville, OR 97754-1319**.
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Oregon State FCE Conference

Medford, Oregon

October 7th-9th, 2013

"Days of Wine and Roses"

More information and registration forms will be in the **Oregon FCE News, in June**.
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Holidaze Faire

Washington County, will be holding their **"Holidaze Faire"**, **October 21** and will be featuring **Grant McOmie** of **"Grant's Getaways"** on **KGW TV**.

The cost will be **\$18.00** for **FCE** members. The location is **TBA** but the timing will be registration at **9:30AM** with the program starting at **10AM**. Lunch will be served at noon. We will have our usual drawing for gift baskets as well as door prizes. We'd love to see members from other counties there! For information please call: **Dawn Westphal** for information and registration at **503-692-0173** or email westphal1738@comcast.net.

Submitted by **Dawn Westphal**, **Washington County FCE**

5 C's of 4-H

According to **Extension 4-H faculty Robin Galloway, in Linn County**, actively involved and engaged **4-H** members will demonstrate increased: **Competence; Confidence; Connection; Character and Caring.**

Discribing Moores Valley Yamhill County

Historian: Moores Valley is where **Jacob Hawn** set up the second saw mill that he built in the **Willamette Valley**—that was in **1846**. His daughter **Melissa** was born while he was there. **Governor George L. Woods** had a **Donation Land Claim** in the valley. The **Woods School** was his place. What is now **Carlton's First Baptist Church** had their founding meeting at this school. During the **1880's** the school was moved to the **Marcia Schull Donation Land Claim. A Grange Hall** was built next to it. It served as the community hall until around **1940**.

Geographer: Moores Valley is on the east side of the **Coast Range**. It has clay soil over a basalt base. **Haskins Creek**—which supplies **McMinnville** with its drinking water drains the area and empties into the **North Fork of the Yamhill River**.

Timber man: Moores Valley is an ideal place to grow lumber. Though it has had fires in previous times, there are good stands of 2nd and 3rd growth timber. **Thorntons** have planted over 300,000 trees in the valley which makes an impressive plantation.

Postal Carrier---Cloan Simmons: I drove the mail route through **Moores Valley** for many years. The bridge crossing **Haskins Creek** was the coldest spot on my route. The road was so rough that my wife often but a crock of cream in my car. Time **I** returned home she could work it into butter.

Voles: There is wonderful pasture land in Moores Valley. It is an ideal place to make borrows and multiply. Our family has lived there for generations.

Coyote: I like Moores Valley because there are lots of voles and gophers for me to catch. The surrounding hills provide good perches to howl from.

Tourist: The drive through Moores Valley is always a treat. There aren't many areas this close to **Portland** with such a bucolic view.

Six Year Old boy: I like to visit Moores Valley. There are lots of places to run; a creek to play in; trees to climb and sometimes I get to ride with **Gramp** on his **ATV**.

Nancy Thornton: I came to Moores Valley as a bride 55 years ago. I can't imagine living anywhere else.

Submitted by Nancy Thornton January 16, 2013
MPY reader

Tips for April garden maintenance.

A full list is available at:

<http://extension.oregonstate.edu/gardening/gardening-calendar/april>

MAINTENANCE & CLEAN UP:

Write in your garden journal throughout the growing season.

Prepare garden soil for spring planting. Incorporate generous amounts of organic materials and other amendments, using the results of a soil analysis as a guide.

PLANTING/PROPAGATION:

It's a great time to start a vegetable garden. Among the vegetables you can plant, consider:
 Beets, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, chard, chives, slicing cucumbers, endive, leeks, lettuce, onion sets, peas, and potatoes, radishes, rhubarb, rutabagas, spinach, and turnips.

Volunteer Hours

We often forget to record our volunteer hours. They are worth money as shown in a report from **Polk County Extension Service**. They estimate their volunteers provide approximately 15,000 hours of service each year, which is equivalent to about seven full-time positions. If these hours were valued at the current **Oregon** volunteer rate, this would equate to approximately \$275,000 in wages.

FCE members remember to turn in your volunteer hours to your **District Directors** so we can show how much our organization is worth. We do a lot of volunteering in schools, hospitals, church, assisting seniors or others by helping them with their shopping, doctor visits, etc. Let's be proud of what we are worth.

The Awakening of Spring

In April the flurry of insect life begins again after the long hiatus of winter. The plants that nourish insects begin to regain their leaves and flowers for the species that feed upon them, and the predator types will again begin to lie in wait for their intended prey.

Butterflies that grace our gardens in summer are beginning to develop within the pupae in which they spent the winter. The ants and bees come out of dormancy and again search for food among the plants and insects that nourish them. April announces the rebirth of the multitude of insect species that we expect to see in the warmer months of summer.

Ladybird beetles are searching for the colonies of aphids that have started to develop on the new tender shoots of roses and other plants. Migratory birds are returning to our area to feast on developing seeds and the insects that are multiplying rapidly in the warmer April weather. Nature puts on a concert of interactions between plants and animals at this time of year. We humans can feel the reawakening of living things also, and we enjoy the reappearance of the sun and blue skies, a promise of what lies ahead in the warm months of summer.

Orchard mason bees, honey bees, bumblebees and other insects are busy pollinating our flowers and fruit trees now, and give the promise of abundant crops in the late summer and fall of the year, causing us to look at the bright future of our harvest.

Sorry for this long rant about April, but I wanted to share my enthusiasm for this, my favorite time of year, which is the harbinger of a wonderful year of gardening and to me signals an appreciation of all living things in our great Northwest (especially the insects!).

Have a great year of gardening!

Buggy Bits by Bob Grossmann, Yamhill County Master Gardener



Volunteer Newsletter Staff

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Executive Editor: **Lynda Nyseth**, 21461 S. Hwy 99W, Amity, OR 97101-2239 Ph. (503) 835-2044
E-Mail LYNDATrose@aol.com

Column Editors

Food: **Dorene Garland** (503) 769-4290
1030 W. Locust St., Stayton, OR 97383-1137
E-Mail mgarland@wvi.com

Kid's Corner:

Craft Projects: **Sharyl Michael** (503) 949-2057
Managing Editor: **Connie Leavitt** (503) 581-7393
E-Mail cleavitt@wvi.com

Proofreader: **Jim Nyseth**

Bookkeeper: **Linda Bird** (503) 843-2979

Mailing Committee: **Linda Bird, Doris Brown, Marie Dapses, Faye Douglas, Dorene & Ralph Garland, Donna Janszen, Connie Leavitt, Sharyl Michael, Joan Monnier, Vi Shepard, Alene Showers**
Word Processing & Layout: **Lynda Nyseth**

Contributors/County Council Chairs

Yamhill/Polk Council: **Lynda Nyseth**

Marion Council: **Dorene Garland**

District III Director: **Sally Wyffels**, (503) 472-3091

E-Mail sjwyffels67@yahoo.com

Advisors: **Vi Shepard**—Home Economist

E-mail schupbach47@q.com

Debra Minar Driscoll—OSU Extension Educator
(503) 623-8395 or E-Mail debra.driscoll@orst.edu

Send your mailing address and/or changes to:

Susan Whitaker
9875 Parker Rd.

Monmouth, OR 97361-9762

(503) 838-3997 or

E-Mail gswhitaker@meritel.net

TEACHER: John, why are you doing your math multiplication on the floor?

JOHN: You told me to do it without using tables.

TEACHER: Winnie, name one important thing we have today that we didn't have ten years ago.

WINNIE: ME!

TEACHER: Glen, why do you always get so dirty?

GLEN: Well, I'm a lot closer to the ground than you are.

DEMENTIA QUIZ

This may be a "little" difficult for all who are over 40... Those younger than this will have no hope at all.

FIRST QUESTION:

You are a participant in a race. You overtake the second person. What position are you in?

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### ANSWER:

If you answered that you are first, then you are absolutely wrong! If you overtake the second person and you take his place, you are in second place!

Try to do better next time.

### SECOND QUESTION:

If you overtake the last person, then you are....?

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ANSWER:

If you answered that you are second to last, then you are....wrong again. Tell me sunshine, how can you overtake the last person??

You're not very good at this, are you?

THIRD QUESTION:

Very tricky arithmetic! Note this must be done in your head only. Do not use paper and pencil or a calculator. Try it.

Take 1000 and add 40 to it. Now add another 1000 now add 30. Add another 1000. Now add 20. Now add another 1000. Now add 10. What is the total?

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Did you get 5000?

The correct answer is actually 4100...If you don't believe it, check it with a calculator! Today is definitely not your day, is it?

Maybe you'll get the last question right.... maybe....

### FOURTH QUESTION:

Mary's father has five daughters:

1. Nana, 2. Nene, 3. Nini, 4. Nono, and ???

What is the name of the fifth daughter?

~~~~~

Did you answer Nunu? NO! Of course it isn't. Her name is Mary! Read the question again. Okay, now the bonus round, I.E., A final chance to redeem yourself:

A mute person goes into a shop and wants to buy a toothbrush. By imitating the action of brushing his teeth he successfully expresses himself to the shopkeeper and the purchase is done.

Next, a blind man comes into the shop who wants to buy a pair of sunglasses; how does he indicate what he wants?

~~~~~

It's really very simple... He opens his mouth and asks for it.... Does your employer actually pay you to think??? If so do not let them see your answers for this test!

Submitted by **Lois Enstrom**, District X FCE member



## Donations

### Thank you all for your support

*Amity FCE*

*Carol Conkey*

*Creative Homemakers FCE*

*Donna Evanoff*

*Nancy Hugill*

*Sandra Mihelcich*

*Patricia Utter*

*Colleen Wilcox*

**THANK YOU**

The 2012 State Conference service project netted \$1,540 for Socks for the Military. On November 1, 2012, the following items were sent to Klamath Falls for the National Guard members deployed that fall. The items were: 72 medium weight crew socks (large 9-12), 18 medium weight, extra large (12-14), 48 medium weight small (5-9) and 16 light weight large (9-12).

To date no word has been received from the service men and women how benefitted from these gifts; however, the Guard states that the socks are much appreciated.

Submitted by **Alene Showers**, 2012 District III Director

## When Ma and Sue Entertained



My Pa and me are common folks, but Ma and Sister Sue  
They both belong to women's clubs; 'cause all the neighbors do;  
And sometimes, when it comes their turn, they entertain the crowd,--  
You know it's all just women folks, and not a man allowed.

I wouldn't mind so much, you see, a-stayin' far away,  
If they would leave my things alone like any other day;  
But suff'rin' cats! They make my room look slicker than a pin,  
And fuss it worse than any girl's room is or ever's been.

They put my ball bat on the wall, they hide my tennis rig  
And old false face, my punching bag,--They even hide my wig.  
They put up pretty pictures. Like 'em? Bet I do.  
But I tell you they don't stay 'round when party time is through.

They hide my beetles and my bugs, my first fish pole and my line,  
They take away my Kodak views because they are not fine,  
And all my clothes are packed away; why, sometimes it's a week  
Before I find the ones I want, no matter where I seek.

Oh, everything looks mighty fine, from cellar to the roof,  
But somehow it's so spick'n' span your foot feels like a hoof;  
There's not an old soft cushion or a magazine about,  
Our house is just a meetin' place with all the home left out.

And Pa and me we sneak around and keep well out of sight  
Till every one of those club folks has said a fond good-night;  
And then we find the kitchen door and go in on the sly,  
And have a feast of leavin's--if there's any left,--oh, my!

But Ma and Sister Sue, you know, they look so kind of beat,  
As though this havin' women's clubs was really not a treat,  
And they take off their Sunday gowns and put on calico,  
And have to do some cleaning up—and that's not fun, you know.

But when they've kind of rested up and got their tempers back,  
And things are kind'a slippin' in their ordinary track,  
Why, Pa he says that clubs are good, but he'd prefer to see  
Our old house here just common place, and Ma and Sue and me.

*Submitted by Lynda Nyseth, Does this sound like some of the FCE meetings? I found this poem when I was in high school and found the copy when I was cleaning out the farm house where I grew up. We needed to get everything out so our son and family could remodel the house.*

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### On This Day—

Mend a quarrel,  
Search out a forgotten friend,  
Dismiss a suspicion and replace it with trust,  
Write a letter to someone who misses you,  
Encourage a youth who has lost faith,  
Keep a promise,  
Forget an old grudge,  
Examine your demands on others and vow to reduce them,  
Fight for a principle,  
Express your gratitude,  
Overcome an old fear,  
Take two minutes to appreciate the beauty of nature,  
Tell someone you love him,  
Tell him again,  
And again, and again.