

# Oregon FCE News

Volume 24 Issue 1

Oregon Association for Family & Community Education

January 2017

## President's Comments



**President Patti Malanaphy 2015-2017**

HAPPY NEW YEAR! I can't believe where the time has gone as I enter my final year as Oregon's State FCE President. It has been a wonderful journey and incredible experience. Let's make 2017 the year we devote to creating new opportunities that will build goals to energize and strengthen the future of Oregon State FCE. We must all continue reaching out to new members. We are the spirit of FCE who have dedicated ourselves to preserving and developing this organization. Let's all take time to look ahead and make our goal to actively pursue new memberships, become more active in our organization as leaders in our study groups, county council and on the state board, and different committees. We must all take an active role moving Oregon Association for Family and Community Education forward.

I want to thank District 3 members who provided their hard work and energy in making Oregon's FCE 2016 State Conference a great success. I especially want to thank Sally Wyffels, District 3 co-director for her leadership, dedication, initiative, and organizational skills in bringing everyone together working as a team. Job well done!!! District 5 will be hosting the 2017 Annual Conference at the Shilo Inn, Klamath Falls. If you have never attended our State Conference now it the time to start planning to come.

I want to welcome Scott Teeples as our new Oregon President Elect. We all know Scott has shown enthusiasm, dedication, knowledge and ability to accept new challenges. Scott provided us with our Web-site and brought us into Facebook. He has been our state secretary, finance committee secretary, and held national board positions. He is active member of his study group. We are grateful to Scott and Bonnie Teeples for their generous contribution of "Keepers Corner." I know he will

be an amazing President and give 100% to this organization. Barbara Voltin has assumed the position of VP for Programs. So please send her any suggestions for lessons. She will be reviewing these suggestions at the spring board meeting April 3-4<sup>th</sup>. We will be deciding on lessons to be presented at the 2017 State Conference. My thanks to Gay Jarvenin and Kerry Mauk for their willingness to join the finance committee. We are always open to members who would be interested in being on a committee, or state board officer. We need you!!!! Contact your district director or state president for more information. Thanks to all our members for their support of our "Oregon FCE News" and "Oregon FCE Website" by your decision to assist with the financial cost of the newsletter and web-site through donations paid with your yearly membership. We appreciate your confidence and support.

It is time again for your county council nomination for Heart of Oregon FCE award. Please submit your nomination to the Oregon VP for Public Policy, Sandie Bolyard by March 15, 2017. This is the time we honor some very special ladies and gentlemen who have made a difference in their communities, and illustrated that you can accomplish good things for all being a member of Family, and Community Education.

I hope that all our members have been provided copies of our new Oregon brochures to utilize when making contact within your communities. Please use the brochures to market Oregon FCE, and bring recognition to our organization. Promoting new memberships.

The 2017 National FCE Annual Conference will be held in Omaha, Nebraska July 20-23, 2017. Theme "BE ALL YOU CAN BE." I hope that someone will apply for the Oregon FCE Scholarship that will assist with the cost of attending a National Conference. Please contact State Treasurer Bonnie Teeples [bdteeples@charter.net](mailto:bdteeples@charter.net) for information.

(Continued on page 2)

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Oregon members have been actively involved in the national project, "Human Trafficking." Many groups have made contact with a shelter or other resource centers where they have provided items to assist the needs of victims. Oregon FCE will continue to provide awareness within our state that Human Trafficking has infiltrated our state, cities, counties, and yes in our backyard.

Remember to visit the web-site at [www.oregon-fce.org](http://www.oregon-fce.org) and check out our Facebook. Communication is a valuable tool in keeping FCE members informed and connected. Share information with our WEB MASTER Scott Teeple [sfteeples@charter.net](mailto:sfteeples@charter.net) so he can post it on Facebook and the website. Also your articles of interest to Lynda Nyseth [LYNDATrose@aol.com](mailto:LYNDATrose@aol.com) editor for Oregon FCE News.

I look forward to the coming year and visiting with many of you at your special events.

**Patti Malanaphy**  
*Oregon FCE President*  
[patti.malanaphy@comcast.net](mailto:patti.malanaphy@comcast.net)

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Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2017.

~Next deadline-May 5, 2017~

Send articles and/or change of address to:

**Lynda Nyseth, Editor**

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Amity, OR 97101-2239

E-mail [LYNDATrose@aol.com](mailto:LYNDATrose@aol.com)

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## **Women Walk the World.**

On April 29<sup>th</sup> 2017 at 10a.m. women will be walking all across the world in support of ACWW. In Klamath County we will be walking on the Link River Trail looking for the original falls from which Klamath Falls gets its name. We will be walking on the 28<sup>th</sup> though, the 29<sup>th</sup> is "Make a Blanket" day, but that's alright, it still counts. We are hoping that the snow we are currently experiencing will be gone by then and that women all across Oregon will be walking also to support all women and women's issues everywhere.

Gay Jarvinen, International Rep.



## **Members we lost in 2016**

*(These are the ones that I know about.)*

**Geri Gustafson**

**Lane County**

**Gloria Borgaes**

**Yamhill County**

**Krista Pomroy**

**Yamhill County**

We will surely miss all of these ladies.

**Lynda Nyseth, Editor**

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## **Heart of FCE nominations**

I will need the nominees for Heart of FCE to reach me by **March 15<sup>th</sup>** so we can pick a winner at the Spring Board meeting. Please include the Heart of FCE form, essay and two 2x2 photos.



## **Character Counts**

As the Chair of the State Character Counts Essay and Artwork Contest for fourth grade students I want to remind everyone to get their first place winners to me by **March 15<sup>th</sup>** so we can pick the State winner at the Spring Board. The Pillar of Character this year is CARING. Make sure you include the **State** and **National** permission slips and a **photo** of your 1<sup>st</sup> place winners. The State winner will be sent to National right after the board meeting.

Sandie Bolyard

V.P. for Public Policy

Character Counts Chair

## The Treasurers Bottom Line

This past year at Spring Board meeting the board discussed the cost of the newsletter. For many years we have been taking a little over \$400 per year out of the Education Fund and the same amount out of the Enhancement Fund to finance our Oregon FCE Newsletter. While that doesn't sound like a huge amount over 10 years that is well over \$4000 out of each account. That amount, along with the other expenses we take out of the two funds, will seriously deplete those accounts as we are only making about \$12.00 interest in each of our CDs per year.

None of us want to see the newsletter go away, and many do not want to receive the newsletter via email or download it from the website. As a board the decision was made to try asking for a donation from each member to help finance the newsletter. I'm pleased to say that we have had a good response from our members. Many donated to the newsletter fund and the fund for the website. I do not have all of the membership forms in at this time so I do not have a final figure for the donations. Also just a plea to the County Treasurers, if your members donated to either the newsletter or the website funds, or both, please send the money in to me very soon so I can get an accurate accounting. Also, if you weren't able to donate when you paid your dues, but would like to do so now, you can send a check directly to the Oregon FCE Treasurer, note what the donation is for, and it will be credited to that fund.

Last fall at the Oregon FCE Annual Conference we talked with many of you about some ideas we could implement that could help improve our bottom line. We have tried various fund raising projects with the sale of T-shirts and sweatshirts, vests and more recently the bling FCE bags. While we haven't LOST money with these projects, they haven't been as lucrative as we had hoped.

Many of you have been to antique and collectible malls, and know that people set up in the malls to sell various items. Klamath County FCE has had a booth in Keepers Corner (an antique, craft and collectible mall) for a few years and has been doing very well sales wise. Keepers Corner donates the cost of the booth space so all of the money earned is profit.

A booth has now been set up at Keepers Corner in Klamath Falls to sell items for Oregon FCE. The first month was only a partial month and sales were only \$35.85, the next month was \$97.90, and the sales were \$133.75 for December. That is a total of \$266.35! While it isn't a huge amount of money right now, it has the potential of bringing the organization several hundred dollars a year. It all helps the bottom line! We realize that this is quite a distance to get items to Klamath Falls for some of you, but we will try to make this work!

Ideas for items that sell well in the store are household items such as antique or collectible glassware, Pyrex bowls, wall décor, table top décor, lamps, doily's etc. Other items that sell well are "new" crocheted or knitted dish cloths, decorated hand towels, seasonal decorations and good used books. When determining items to put in the booth a good rule of thumb is: If it is something you would buy for your own home then it will more than likely sell in the store. If it is chipped, cracked, torn, or damaged in anyway, it will not be anything that will sell.

If you need more information or would like to donate to the booth please call Bonnie Teeples; 541-891-2662 or Scott Teeples; 541-891-6456.

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### Web Site for Oregon FCE [www.Oregon-FCE.org](http://www.Oregon-FCE.org)

Please check out the web-site. Contact me on my home phone 541-882-4374, on my cell phone 541-892-6456, or my email (my best contact) [sfteeples@charter.net](mailto:sfteeples@charter.net).

Submitted by **Scott Teeples** – Oregon FCE Secretary

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### Keepers Corner Scholarship

To assist new members with their dues and those that have been away from FCE for more than five years. We need members so make use of this scholarship. Go to the FCE web site for this scholarship form. Thanks **Scott and Bonnie Teeples** for making this possible.

## Up Coming Dates

### District III

#### Linn, Lane, Marion, Polk & Yamhill

**Yamhill/Polk Counties Spring Festival will be held March 15th.** Our theme will be "**Honoring Our Flag**". We will have a guest speaker, craft projects, used book sale, baskets to be raffled, door prize and of course potluck lunch of salads and desserts and lots of fun. We hold this event in **Amity**.

Plans are being made for our **District III Meeting, in May** hosted by **Linn County**. And **August** we will be in **Millersburg** for the annual picnic sponsored by **Linn County**.

Submitted by **Lynda Nyseth**, Yamhill/Polk County Council President

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### Clackamas County Family and Community Educators (FCE) Presents

#### 2017 District 1 Annual Meeting

**Monday March 27, 2017**

Doors Open at 9:30 a.m.

Lunch will be served

**Human Trafficking of women, children and men in the United States**

**What is the extent of Human Trafficking in the United States?**

**How does Human Trafficking affect our schools?**

**How do I identify a victim of Human Trafficking?**

**Where: Clackamas Banquet & Catering Center (next to Denny's)  
15815 SE 82nd Dr. - Clackamas, OR 97015**

#### From the North:

Travel south on I-205. Take Exit 12A; use the outside left turn lane. Stay in the far left lane and after the first light move to the left turn lane. At the

second light turn left onto 82nd Dr. and turn left into the third driveway.

#### From the South:

Travel north on I-205. Take Exit 12; use the middle lane and turn right. Move to the far left turn lane and turn left at the first light - 82nd Dr. Turn left on to 82nd Dr. and then turn left into the third driveway.

For more information contact: Jessie Tucker 503-655-0149 or Jean Baker 971-404-7299

\*Please bring non-perishable food items or a contribution for the local food pantry.

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#### Registration

Deadline: March 22, 2017 (No Exceptions)

Name: \_\_\_\_\_ Member  
\$17.50 \_\_\_ Non Member \$18.50 \_\_\_

Address: \_\_\_\_\_

Study Group \_\_\_\_\_

Phone No. \_\_\_\_\_

Make check payable to FCE Clackamas County Advisory Council and mail to:

Jessie Tucker, 18900 Shenonodah Dr, Oregon City, OR 97045 Phone: 503-655-0149

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### Mt. Pleasant FCE Study Group

#### Presents Share Fair 2017

"Teddy Bears"

**April 24, 2017 from 9:30 a.m. - 2:00 p.m.**

**First Presbyterian Church**

**1321 Linn Ave., Oregon City**

Special Guest Speaker

Registration \$5.00

Bring a Pot Luck dish to share

Don't forget a White Elephant for the Silent Auction

There will be drawings for gift baskets

For questions contact Jean Baker at 971-404-7299

Kitchen duties by Woodmere Study Group



## **Happenings in 2016 reported by Counties**

### **District 1**

#### **Lendamai Poole**

As another year has come to an end, Washington and Clackamas counties are preparing for another busy year. Each county has their own special projects. Washington County is preparing for their Appreciation Luncheon on February 3<sup>rd</sup> for officers in Clackamas and Washington counties. They also invite anyone who has presented a training lesson in 2016. Their fund raiser is called Holidayze and is put on in Oct. Clackamas County has their fund raiser called Share Fair and is in April. The two counties share the duties of presenting two Metro meetings, the District 1 meeting and a Lesson Planning meeting after the State Conference. It is a pleasure getting together with members from the two counties.

Just like all districts, we are losing members and sometimes whole groups. We must work harder at bringing in friends, neighbors and relatives in order to keep FCE an organization we all can enjoy.

Best Wishes to all for a wonderful 2017

Lendamai Poole

District 1 director

### **District III**

#### **Creative Homemakers (Yamhill County)**

Our group's Christmas party date was moved to accommodate our host's cracked rib. We then kept an eye on the reports of freezing rain, snow and flooding. We were elated to finally see each other, enjoy our gift exchange, wrap gifts for the family we were blessing and relish our host's roast pork, golden au gratin potato casserole and our potluck dishes.

As we chatted around the table we noticed a member's black eye - she said "Honestly I don't know what happened". Then our sweet 89 year old member piped up " I once got a black eye from my toilet seat!" We whooped "My gosh Penny, how did that happen." She replied, "I was on my hands and knees scrubbing the darn toilet when the seat clobbered me".

We packed three or four large boxes with wrapped gifts and food for the family we were surprising. The father was sliding into organ failure, his wife worked long hours and they had four children. We tucked in a Christmas card

holding gift cards and a stamped envelope addressed to Creative Homemakers at our president's home. Seldom do we hear back from a family. But this year we received a long letter with Christmas photos. In her letter the mother shared Christmas morning joyful moments and her gratefulness. She thanked us for the gifts and said "You have given us the blessed gift of hope, built our faith and created a deeper understanding of charity. We will never forget this and can't wait until we can do the same for others one day! It's knowing that someone cares!"

It is with deep sadness that we announce the November passing of one of our members, Gloria Borgaes. She loved being a member of the Creative Homemakers study group. She battled cancer once then spent 13 years feeling great, working, enjoying her family and finally welcoming two grandsons. Then tests showed the cancer had quietly invaded other parts of her body. We miss her smile and friendship.

Submitted by Anne Engen

#### **Amity (Yamhill County)**

Our December meeting was held at Banner's Restaurant in McMinnville. Because of illness and the weather there were only four of us. We enjoyed our lunch and conversation. After the meeting Alice Wicks and I shopped for the items on the lists of a boy and a girl that we got off the tree of giving. We purchased complete outfits for them including shoes and a craft item for one and a toy and book for the younger one. A pillow in the shape of a cat was also given to each of them. We always have fun shopping for the ones we choose from the tree. We raise our money for this project making Christmas wreaths. We don't work fast but we have a lot of fun and good conversations. My husband often fixes soup and homemade bread for us. What a great guy he is to take care of us.

Submitted by Lynda Nyseth

#### **Sheridan (Yamhill County)**

For Christmas we met with the former Mill Creek Extension group. We always have a good time getting together.

Submitted by Linda Bird

(Continued on page 6)

**Oak Meadows (Marion County)**

We had a delightful December meeting. After a delicious potluck lunch and lots of socializing, we checked out the toys that the members had brought for the annual Toy Drive of the Marion County Fire District 1. The member who delivers the toys to the Fire Department says that they are always so grateful to receive our contributions.

At each of our meetings, our very generous members are encouraged to add to our treasury. Twice a year we vote to decide which charity to donate to. Our donations were split between two of our favorite charities. Half was sent to the Gospel Mission for the Simonka House and the other half went to the Center of Hope and Safety in downtown Salem.

Submitted by Linda Schollian

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**Open Arms (Marion County)**

We invited study groups in Lane, Linn, Polk and Yamhill Counties to our Christmas lunch. This is a joint meeting with our County Council. Members from Marion, Lane, Linn and one from Yamhill County attended our lunch. We had a very good turnout.

Comments taken from those attending.

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**Ambitious Annies (Polk County)**

Because of bad weather we were unable to hold our Christmas meeting. We have been meeting at the Polk County Extension Office and appreciate the use of the building. It is easy to get to, clean and warm.

Submitted by Donna Michaelson

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**WOMEN WALK THE WORLD**

**April 29, 2017**

Yamhill/Polk Counties will be walking in the Dallas City Park. We will start at 10:00 from the parking lot next to the Lyle School on Ellendale. Taking Ellendale, turn left on the street before the school and the park parking lot is the entrance on the right hand side of the road. Of course we can enjoy lunch together after our walk. Call Lynda 503-835-2044 or e-mail LYNDATrose@aol.com if you are interested in joining us.

**Fundraisers and Donations/Volunteer Hours**

We are always interested in how you raise money, what you use the money for and what kind of volunteering you do. Here are some of the wonderful things our members are doing:

Raising money for 4H scholarships through collecting bottles and cans.

Cooking meals for homeless and shut-ins. Shopping for shut-ins. Serving meals at Senior Center. NW Cares project at Providence Hospital. Donating books to Doernbecker and Shriners Childrens Hospitals. Donate items for Human Trafficking projects. Working in churches, museums, manning Food Preservation booth at fairs for Extension service and Back Pack Buddies at local school.

Other groups doing some of the same projects also work in libraries, give knitting lessons as well as knit hats for kids and others, Parenting Now program that helps young families, help in the food bank. Work the SMART program in schools, tutoring students, knit booties, baby hats and sweater sets and sew blankets. Help with the Books for Babies project making bags, bibs and collecting books. Some volunteer at Homeward Bound working with pets and some work with Hospice.

Many that give out the Books for Babies at the hospitals include: books, bibs, toy, burp cloth, brochures about FCE, the MPY newsletter and/or the Oregon FCE News. Many of the bags are homemade too. Some groups give things for the older children like school supplies, shampoo, gentle used books and find a need in their community (many organizations can help with that).

Raise money with "no bake" bake sales, wreath making, selling used books at their meetings and some just take donations.

I hope this gives you some new or different ideas about ways to volunteer, raise money and just help out in your community.

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**Be well, stay safe, and SMILE (it makes your face feel good), and if smiles are good, laughs are even better. It's been said, "You don't stop laughing when you die, you die when you stop laughing!!"**

## How to not be hard on yourself

1. Your mistakes are part of your learning.
  2. Don't compare yourself to others because you are not them.
  3. There is no right way to do anything.
  4. Stand up for what you believe, even if it's unpopular.
  5. Learn from people who criticize you.
  6. Accept your weaknesses as your "features".
  7. Look at your past as an adventurous biography.
  8. Don't underestimate your talent until you apply it 100 times.
  9. Every single problem you have is not unique.
  10. Intelligence is relative, self-esteem is not.
  11. Express your anger in a creative way.
  12. Surround yourself with people who want you to succeed.
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## HEATING WITH COAL

It is not surprising that in the 1940's most of the houses in Salt Lake City heated with coal. For Utah is a desert country and has more coal than wood in its hills.

Most of the houses at that time had basements. There was usually a metal door in the foundation of the house that was for the coal to be delivered by a dump truck. The gravel sized coal was shoveled down a chute to the "coal room". By experience one quickly learned that the door to the coal room should be tightly closed when the delivery arrived -- for coal was dusty.

The coal room had a "stoker" -- a hopper-- that fed the coal into the furnace. Ashes and clinkers had to routinely be cleaned from the furnace. This was done with a flat shovel and the clinkers removed with a long rod that had movable tongs on the end. (I remember papa manipulating the tongs and me thinking it was like when grandpa pulled the tendons of a turkey's claw.) The ashes were stored in a metal can and were set out with the garbage to be picked up.

Grandma had a wood stove that burned coal. Once her fire was going, she stoked the fire with coal she kept by the stove in a scuttle. (a lipped bucket).

Coal kept us warm. but it polluted. We lived up

on the "East Bench" --one of the bathtub rings left by ancient Lake Bonneville. In the winter we could always see a layer of dirty haze in the valley below us.

Come spring time, house cleaning was a ceiling to floor project. It was tedious work to remove the accumulated grime. Wall paper cleaner--a pliable pink putty that was used to erase the coal smudged walls.

I certainly don't miss the old coal furnace.

Nancy Thornton December 2016

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## Aging Gracefully

1. I changed my car horn to gunshot sounds. People move out of the way much faster now!
2. I didn't make it to the gym today. That makes five years in a row.
3. I decided to change calling the bathroom the John and renamed it the Jim. I feel so much better saying I went to the Jim this morning.
4. Last year I joined a support group for procrastinators. We haven't met yet...
5. I don't need anger management. I need people to stop irritating me!
6. When I was a child I thought Nap Time was a punishment... Now, as a grown up, it just feels like a small vacation....
7. My people skills are just fine. It's my tolerance of idiots that needs working on.
8. If God wanted me to touch my toes, he would've put them on my knees.
9. The kids text me "plz" which is shorter than please. I text back "no" which is shorter than "yes."
10. I'm going to retire and live off of my savings. Not sure what I'll do the second week.
11. Even duct tape can't fix stupid... but it can muffle the sound!
12. Why do I have to press one for English when you're just gonna transfer me to someone I can't understand anyway?
13. Of course I talk to myself, sometimes I need expert advice.

Submitted by Donna Michaelson

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Volume 24 Issue 1

Oregon Association for Family & Community Education

January 2017

## **OR Assoc. Family & Community Education**

Oregon FCE News  
21461 South Hwy 99W  
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### **2017 Oregon FCE Calendar**

#### **February**

**ASAP** 50 year member forms to Patti M.  
**12** Lincoln's Birthday  
**14** Valentine's Day  
**22** Washington's Birthday

#### **March**

**12** Daylight Saving Time Begins  
**15** Heart of FCE nominations due  
Character Counts winners due  
Yamhill/Polk Spring Festival  
**27** District I Annual Meeting

#### **April**

**3-4** Spring Board Meeting  
**24** Clackamas County Share Fair  
**29** Women Walk the World

#### **May**

**5** Deadline for Oregon FCE News

#### **articles**

**14** Mother's Day  
**19** Mail Oregon FCE News

**29** Memorial Day

#### **June**

**18** Father's Day

#### **July**

**20-23** National FCE Conference  
Omaha, Nebraska

**28** Deadline for Oregon FCE News

#### **articles**

Mission Statement of OR Association for Family  
& Community Education  
To strengthen individuals & families through  
Continuing Education, Leadership Development,  
Community Service

### **National FCE Headquarters**

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