



# Sharing & Oregon Association for Family & Community Education Caring

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Volume 21

Issue 1

Funded by District 1 Study Groups and friends

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## LETTER FROM THE EDITOR

**Diana Anderson**

Greetings, Here I am composing this as my introduction to you as the new editor of *Caring & Sharing* newsletter. Relative to most members I am a newbie to FCE.....having joined the Garden Home Study Group just a few years ago. The cooperation from contributors and sharing of past history and encouragement has made the process a breeze. Please continue your support of *Sharing & Caring* and send your study groups funds for newsletter costs to Lois Enstrom, 1779 SE 73<sup>rd</sup>, Hillsboro, OR 97123. Thanks to all who submitted articles to myself and co-editor Jeanette Kmetc from Clackamas County. Our goal is that someone from each study group will send their articles by email to county editors. *Caring & Sharing* will be published spring and fall of each year.

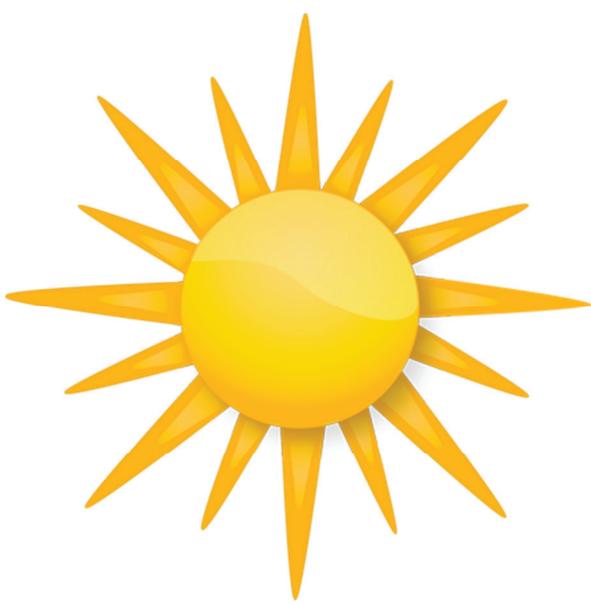
## Washington County FCE

**Dawn Westphal, President**

Hello from Washington County.  
Just a few words to welcome Diana Anderson as our new *Sharing and Caring* editor. We are delighted to have her

expertise to help us get the newsletter up and running. Jeanette Kmetc will be assisting Diana as Clackamas County editor. Please support them by submitting articles, tips, recipes or other tid-bits. Remember, the newsletter needs "news" to make it interesting!

Thank you to all our Holidaze attendees. I hope you had a much fun as we did in putting the party together. In fact, we liked it so much we are going to do it again in 2017. It will have new games and ideas and lots of prizes. The groups will be putting their skills to the test in creating some more great baskets for the drawing, too. Any of you who didn't join our costume contest will have another chance to show your creativity and win a prize. We are hoping to set the date for Oct. 31 again, so mark your calendar! Here's a tip for you! Put "eat chocolate" at the top of your list of things to do today. That way at least you'll get one thing done. Works for me!



## **Clackamas County FCE**

**Jean Baker, President**

**January 2017**

Clackamas County FCE Council has been working on the 2017 Handbook. There will be some additions that have never been included before and corrections that have been needed for years. We are hoping that these changes will help everyone.

At the Spring Metro Meeting the main topic was how to pay for the printing and postage for the future Sharing & Caring Newsletters. One of the suggestions was to increase the County dues. Another was to have each group donate money to cover the cost for each member of their group. The one that seems to always come up is to email the newsletter.

Woodmere study group continues to donate books to children wards at various hospitals. This year's donations went to Doernbecher and Shriner's hospitals. Woodmere accepts donations from all the FCE study groups in Clackamas.

Kari Wilborn from S.A.R.C. (Sexual Assault Resource Center) spoke to the council about Human Trafficking in Clackamas County. She also works with Multnomah County. She works mainly with children between the ages of 8 and 18.

The annual Officers Information Day this year was held at Elmer's on December 5<sup>th</sup>. Topics of discussion were: the change of day and time of lessons; keeping track of your mileage to and from meetings for your taxes; getting someone to cover for you if you cannot attend the lesson you signed up for and sending study group changes to the Advisory Council Vice President. There was a drawing at the end of the meeting for poinsettias. Patti Malanaphy encouraged us to ask friends and neighbors to attend one of our meeting as potential members.

The County Council Board and Jeanette Kmetic will begin working on a set of By-Laws for Clackamas County FCE after the first of the year.

The 2017 District 1 meeting will be hosted by Clackamas County. Registration will be cut off March 22nd with no exceptions. The last time Clackamas County hosted there were 12 additional people at the meeting.

Mt Pleasant lost one of their members, Barbara Wilkins. She was a transplant from Alaska where she was an active member with the Women's Club. She had held every office which local, regional and the state had to offer. She will be missed by all of her friends and family.

## **Tualatin Acres Study Group**

**Carolyn Rundorff**

Tualatin Acres Study Group members carried on with our almost 40 year tradition of having a Christmas dinner with husbands invited. We now go out to lunch on the first Saturday in December and this year we enjoyed a nice meal at cafe Allegro in old town Tigard. There were 10 of us....two widowers joined in.....and we had a good time reminiscing about things we had enjoyed together over the years. Several of our members are 50+ year members and we have learned many helpful things over all

those years. We no longer have "formal" installations for officers like in the past, the few of us just continue on with our "jobs" year after year and it seems to work. We do keep track of our volunteer hours and report those regularly as that is an important record for the Oregon FCE organization.

We are looking forward to the coming year and the interesting programs planned for Study Groups.

## **Tualatin Study Group**

**Kay Ferguson**

In June several of our members took a driving tour of some of Tualatin's historic homes. It was so interesting to see how these old 'homesteads' are now engulfed by a new generation of family homes. Lunch was at Haydn's in Tualatin.

In October cash was collected to be donated to Tigard Good Neighbor House. We voted to contribute once a year (instead of twice a year) to Tigard Good Neighbor House and once a year to the Community Transitional School which opened in 1990 as a project of the Portland YMCA. At no costs to families this school is dedicated to the needs of children ages 4-14 whose families may be homeless, in transition or experiencing poverty related issues. Students are provided bus transportation, two meals a day, new clothing, personal items and school supplies. School staff includes three certified teachers, one part time Title 1 instructor, and two full time teacher assistants. After five location changes over the years the school hopes their location on NE Killingsworth in Portland will be the last.

Weather canceled our Christmas party at the Tualatin Country Club so it was decided to postpone until our January 19<sup>th</sup> meeting.

Finally, a special thanks to Diana Anderson for taking on the task of compiling and editing our newsletter.

## **Woodmere Study Group**

**Cathryn Schabell**

We've been a busy group of ladies this past year. Since your reading this in 2017, Happy New Year to all! Our ladies attended various FCE fundraisers from February through April, with Rosemary Barnard receiving the Heart of FCE....Congratulations Rosemary!

Our District 1 Director, Lendamai Poole also attended many meetings. Patti Malanaphy and I enjoyed an Amity FCE luncheon and program. The presentation was by author Nita Belles on her book 'Human Trafficking In Our Backyard'.

We purchased a book to educate ourselves and share with our study group to become informed as to this horrendous enslavement problem in our society. Remember human trafficking is our FCE National project.

Patti Malanaphy located a Portland Women's Shelter for our donations of clothing and toiletries which were delivered in June. This is a continuing Woodmere project.

In July Patti attended the FCE National conference in Memphis. Congratulations to Patti and Scott Teeples for taking first place honors for '2016 Open Brochure'. They received a certificate and \$100 voucher for purchasing Hearth Fire lessons which were presented at the 2016 State conference. In August Patti attended the ACWW conference in Coventry, England. She had an enjoyable, learning experience while meeting people from all over the world.

While all this was going on our group encouraged by Lendamai Poole has been collecting 'Books for Youth'. We will vote in May as to where the books will be donated. Both Shriner's and Doernbecker hospitals received them in 2016.

Patricia Brady delivered our donations of clothing, canned food and monetary gifts to the Francis Center in Portland in November/December. Julie Dowless informed our group about My Father's House in

Gresham. Now we have decided to make this our project for 2017. It's a transformal housing experience for up to 12 families. They receive education, support and parenting skills to keep families together. If you would like a tour through My Father's House contact Cathy at 503-492-3046.

Our annual trip in May was a tour of Yoder Sawmill and General Store in Molalla with lunch at Legends at Arrowhead Golf Club (husbands attended too but no golfing).

Our main fundraiser is collecting bottles and cans and taking them to an Oregon bottle center. I want to let you all know that as of April 2017 redemption rate increases to 10 cents per bottle or can. Oregon was the first state to pass a bottle law in 1977 and only ten states and Guam have since. So happy redemption in 2017!

We're not sure what's in store for 2017 but hoping to increase membership by looking for new members around every corner. So again wishing all members a very happy New Year!

## **Carus Study Group**

**Mary Kunze**

In May the Carus Group went on their field trip to the Yoder Store and then had lunch at the Legions in Molalla.

Our meeting in September brought us two new members. Then in October we added a third new member. They were very welcomed.

In December we had our annual Christmas Potluck and Bingo Luncheon. This year, because of snow warnings, we just drew a Bingo number and picked a prize. Of course you were in jeopardy of the next person taking it. We just made it home before the snow.

Now here I sit and we just canceled our January meeting because of snowy weather, I hope you are all safe and warm.

## **Garden Home Study Group** **Patty Bonney & Sandy McKiernan**

Our group always contributes to 4-H in support of Washington County Fair programs. In the Fall of 2015 in memory of our beloved long time member Mildred Stevens , who passed in September at age 99 and at the request of her family a large donation went to 4-H designated for scholarship programs. As a result Patty Bonney, our President, learned of the 4-H Ambassadors and their presentation of the valuable programs 4-H scholarship supports at county, state and federal levels. In July the group was invited to our annual July picnic at Martha Woodworth's home. We were very impressed with these poised, delightful, friendly young people. We hope to have them join us again next year. Other Garden Home activities last year included attending a Fall quilt show and gathering gifts for a family we sponsored at Christmas. We also contributed 14 bags filled with baby items to Tuality Hospital.



Washington County 4-H Ambassadors  
July 2016

Clackamas County Family and Community Education (FCE) Presents

## 2017 District 1 Annual Meeting

Monday March 27, 2017

Doors Open at 9:30 a.m.

Lunch will be served

### Human Trafficking of women, children and men in the United States

**What is the extent of Human Trafficking in the United States?**

**How does Human Trafficking affect our schools?**

**How do I identify a victim of Human Trafficking?**

**Where:** Clackamas Banquet & Catering Center (next to Denny's)  
15815 SE 82<sup>nd</sup> Dr. – Clackamas, OR 97015

#### From the North:

Travel south on I-205

Take **Exit 12A**; use the outside left turn lane

Stay in the far left lane (not the turn lane) and after the first light move to the left turn lane

At the light turn left onto 82<sup>nd</sup> Dr. and turn left into the third driveway

#### From the South:

Travel north on I-205

Take **Exit 12**; use the middle lane and turn right

Move to the far left turn lane and turn left at the light – 82<sup>nd</sup> Dr.

Turn left on to 82<sup>nd</sup> Dr. and then turn left into the third driveway

For more information contact: Jessie Tucker 503-655-0149 or Jean Baker 971-404-7299

**\*Please bring donations for Human Trafficking shelters. Make up, hygiene products, shampoo and conditioner and clean under garments. Gift cards are also acceptable.**

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## Registration

Deadline: March 22, 2017 (**No Exceptions**)

Name: \_\_\_\_\_ Member \$17.50 \_\_\_ Non Member \$18.50 \_\_\_

Address: \_\_\_\_\_ Study Group \_\_\_\_\_

\_\_\_\_\_ Phone No. \_\_\_\_\_

Make check payable to **FCE Clackamas County Advisory Council** and mail to:

**Jessie Tucker 18900 Shenandoah Dr, Oregon City, OR 97045 Phone: 503-655-0149**

# ***Mt. Pleasant FCE Study Group Presents Share Fair 2017***

## ***Teddy Bears***

***April 24, 2017 from 9:30 am – 2:00 pm***

***First Presbyterian Church  
1321 Linn Ave, Oregon City***

***Special Guest Speaker***

***Registration \$5.00***

***Bring a Pot Luck dish to share***

***Don't forget a White Elephant for the Silent Auction***

***There will be drawings for gift baskets***

***For questions contact Jean Baker at 971-404-7299***

***Kitchen duties by Woodmere Study Group***



## **Springwater Study Group**

**Susan Gardelius**

Happy New Year from Springwater FCE!! We currently have eight amazing members who enjoy the FCE lessons, sharing friendships and dessert each month. Our's is a diverse group – some members continue to actively raise cattle and maintain their forestland. Three volunteer at the Estacada Food Bank where one is the executive director. One member has her own paper export business and cruised to England on the Queen Mary last year. Other members belong to the local garden club and create beautiful Christmas wreaths. We have our snow birder who we miss during the winter months while she soaks up sun with friends and family. A couple of us are animal lovers with mini-horses or lots of dogs and cats. Rumor has it that one of us is expecting.....sometime soon she will be the proud mom to two sugar gliders (description of sugar glider: an entertaining, playful, exotic pet, small and cute in appearance). One of our members moved to a senior living community. She enjoys her new apartment and loves hosting family gatherings. She also participates in activities like water aerobics and book club. She is only 30 minutes away, still attends church, FCE meetings and other Springwater activities. We all live life with purpose and enjoy giving back to our community. We wish all FCE members a healthy, happy and productive New Year!

***Washington County congratulates perfect meeting attendance for 2016 to members Cathy Gillenwater, Myrna Loucks, Jane Jenkins and Joy Stevenson of the Groner Study Group and Sandy McKiernan, Ernilie Storrs and Patty Bonney of the Garden Home Study Group.***

*Delicious, easy recipe*

### ***Peach Bread Pudding***

*preheat oven to 350 degrees*

*Ingredients:*

- *4 cups cubed french bread*
- *3 large eggs, beaten*
- *2 cups milk*
- *½ cup granulated sugar*
- *½ teaspoon almond extract*
- *1 21 ounce canned peaches*
- *½ teaspoon cinnamon*
- *2 tablespoons packed brown sugar*
- *2 tablespoons sliced almonds*
- *1 tablespoon butter, sliced into pieces*

*Coat a 11X7 glass baking dish with cooking spray. Spread bread cubes in dish.*

*Wisk together eggs, milk, sugar & almond extract, add peaches (do not drain).*

*Pour mixture evenly over bread cubes, press into bread, combine cinnamon & brown sugar, sprinkle on top with almonds, dot with butter.*

*Bake 50-55 minutes until knife inserted in center comes out clean. Serves 8-10.*

*Very yummy warm with ice cream. Enjoy!!*

*Sharing & Caring*  
12432 SW King George Dr  
King City, OR 97224

## 2017 Calendar March - September

### March

12 Daylight Savings Time Begins  
17 St Patrick's Day  
20 1<sup>st</sup> Day of Spring  
27 District 1 Annual meeting

### April

1 April Fools Day  
16 Easter  
24 Clackamas Count Share Fair

### May

14 Mother's Day  
29 Memorial Day

### June

18 Father's Day  
21 1<sup>st</sup> Day of Summer

### July

4 Independence Day  
20-23 National FCE  
Conference, Omaha

### September

4 Labor Day  
22 1<sup>st</sup> Day of Fall